

Visit our Web Site at  
<https://CofD.co.uk>

## Committee of the Dee

present the

# ABERDEEN

# HEAD OF THE RIVER FOR COXED FOURS

## Saturday 6<sup>th</sup> November 2021

(high tide 14:02)

Go to <https://cofd.co.uk> to make entries

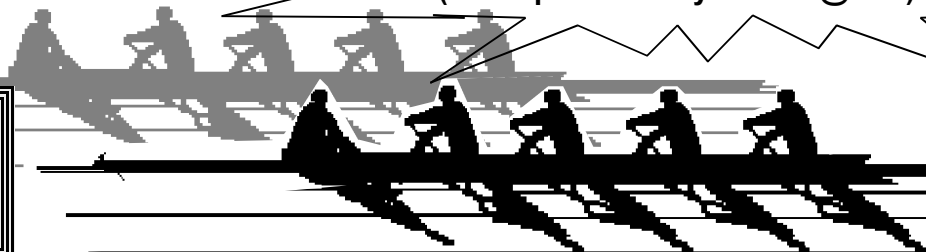
Entries close Sunday 31<sup>st</sup> October at 10pm

Entry fee for all crews

**£20**

(\* except Time-only events @ £24)

Any FOUR can be  
timed over the course  
(see Note 9)



### Division 1 12:30 pm

- 1 Open 4-
- 2 R2 4+
- 3 Novice 4X+
- 4 Open Masters 4+

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- 5 Open Junior U-18 4-
- 6 Open Junior U-16 4+
- 7 Open Junior U-15 4X+

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- 8 Womens Open 4+
- 9 Womens Open 4X
- 10 Womens Novice 4+
- 11 Womens Beginners<sup>†</sup> 4+ or 4x+
- 12 Womens R2 4X+

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- 13 Womens Junior U-18 4+
- 14 Womens Junior U-15 4+
- 15 Womens Junior U-14 4X+

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- 16 Time-only FOURS event Div 1 \*(£24)

### Division 2 2:00 pm

- 17 Open 4+
- 18 Open 4X
- 19 Novice 4+
- 20 Beginners<sup>†</sup> 4+ or 4x+
- 21 R2 4X+

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- 22 Open Junior U-18 4+
- 23 Open Junior U-16 4x
- 24 Open Junior U-15 4+
- 25 Open Junior U-14 4X+

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- 26 Womens Open 4-
- 27 Womens R2 4+
- 28 Womens Novice 4X+
- 29 Womens Masters Open 4+

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- 30 Womens Junior U-18 4-
- 31 Womens Junior U-16 4+
- 32 Womens Junior U-15 4X+

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- 33 Time-only FOURS event Div 2 \*(£24)

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## Committee of the Dee

present the

# ABERDEEN

# SMALL HEAD

# BOATS OF THE

# RIVER

On the River Dee

## Sunday 7<sup>th</sup> November 2021

(high tide 14:45)

Entry fee £5 per head for all competitors

Go to <https://cofd.co.uk> to make entries

Entries Close Sunday 31<sup>st</sup> October at 10pm

† **Beginners Fours**  
(4+ or 4x+) event  
is for Novices who  
have only started  
rowing since  
1/10/2020.  
See Notes

### Division 1 1:15 pm

- 51 R2 Pairs
- 52 Open J-16 Pairs
- 53 Womens Open Pairs
- 54 Womens Masters Pairs
- 55 Womens J-18 Pairs

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- 56 Open Masters Double Sculls
- 57 Open J-15 Double Sculls
- 58 Womens Open Double Sculls
- 59 Womens Novice Double Sculls
- 60 Womens J-14 Double Sculls

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- 61 Open Sculls
- 62 Novice Sculls
- 63 Open J-18 Sculls
- 64 Womens R2 Sculls
- 65 Womens Masters Sculls
- 66 Womens J-16 Sculls

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- 67 Womens J-15 Coxed Octuple Sculls
- 68 Womens Beginners<sup>†</sup> 4+ or 4x+

### Division 2 2:45 pm

- 71 Open Pairs
- 72 Open Masters Pairs
- 73 Open J-18 Pairs
- 74 Womens R2 Pairs
- 75 Womens J-16 Pairs

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- 76 Open Double Sculls
- 77 Novice Double Sculls
- 78 Open J-14 Double Sculls
- 79 Womens Masters Double Sculls
- 80 Womens J-15 Double Sculls

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- 81 R2 Sculls
- 82 Open Masters Sculls
- 83 Open J-16 Sculls
- 84 Womens Open Sculls
- 85 Womens Novice Sculls
- 86 Womens J-18 Sculls

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- 87 Open J-15 Coxed Octuple Sculls
- 88 Beginners<sup>†</sup> 4+ or 4x+

Pairs

Doubles

Singles

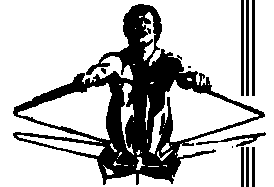
Other

All Boats are coxless unless stated



# ABERDEEN HEAD OF THE RIVER WEEKEND

6<sup>th</sup> and 7<sup>th</sup> November 2021



Download entry forms from <https://cofd.co.uk>

- (1) Crews should be on the water at least 20 minutes before the start times of their division.
- (2) **Time Penalties**
  - (a) Crews must be clear of the jetty at least **15 minutes** before the start of their division.
  - (b) Crews must be downstream of the QE Bridge at least **10 minutes** before the start of their division. Any crew breaching *either* of these rules will be awarded a 15 second time penalty at the end of the race. Two penalties will apply if both rules are broken. The launching area is likely to be busy and it is your responsibility to allow for this.
- (3) Medals will be awarded in all events which attract more than one entrant. No crew will be awarded more than one prize in any one division.
- (4) The Races will be rowed over a 3000 metre upstream course from Victoria Bridge to Ruthrieston and will be rowed according to the rules of *Scottish Rowing (SR)*.
- (5) Entry Fees (which include the *Scottish Rowing* levy) are as follows.  
Cheques should be made out to "*Committee of the Dee*".  
**FOURS HOR on Saturday :** £20 for all fours (Senior, University and Junior)  
**SMALL BOATS HOR on Sunday :** £5 per head for all competitors  
(coxes do not need to pay)
- (6) Entries for both events close on **Sunday 31<sup>st</sup> October at 10pm.**  
**Entries should be made by email using entry the forms (Excel) downloadable from the Committee of the Dee website (<https://cofd.co.uk>)**  
entry fees (cheques to *Committee of the Dee*), can be sent to :-  

Ron Wallace	
27 Westbank Park	
Oldmeldrum	Tel. (01651) 872861
Inverurie	
AB51 0DG	email : <a href="mailto:entries@cofd.co.uk">entries@cofd.co.uk</a>

If you wish to pay entry fees by bank transfer, use the following;	
<b>Account:</b>	Committee of the Dee
<b>Sort code:</b>	82-67-06
<b>Account No:</b>	60025793
- (8) The starting order will be drawn up according to last year's results. New entrants will be added alphabetically at the end of each event.
- (9) We welcome selected boats to enter the Time-Only Events on Saturday and be timed over the course. **We will only accept Fours in this event** and the **entry fee for this is £24.** The starting order will be decided upon by the organising committee. Please note that this is an official event and competitors will be subject to all normal SR rules of racing. Prizes will not be offered in this event. The committee reserve the right to refuse to accept entries if we feel they would compromise the safety or organisation of the event. Times will not be published in the event of a disqualification.  
No time-only entries will be accepted on Sunday as we hope our wide range of events should cover this eventuality.
- (10) '*Beginners Fours*' events are offered both days - these are for new rowers who have only taken up the sport after 1st October 2020 (coxes should be more experienced). We will accept either 4+ or 4x+ boats in this event and they will be raced against each other in one category.
- (11) Rules and a map of the course can be downloaded from our website. Please check this for any weather/ parking/ Covid updates prior to the event. Results will be published here when available.
- (12) See separate page of *Covid Rules and advice*.

## Aberdeen HOR weekend - 6<sup>th</sup> & 7<sup>th</sup> November 2021

### **Covid Rules and Advice** (may change)

National guidelines available at <https://www.gov.scot/coronavirus-covid-19/> must be followed.

Please use **common sense and courtesy** in your interactions with others.

All clubs entering this event must, prior to competing, provide the organisers with a complete **list of all attendees** (competitors, drivers, coaches etc) with individual phone numbers. In the event of any issue, this information will be passed on to Track & Trace. Otherwise, it will be deleted 21 days after the event.

A QR **check in code** will be available but this is only needed for anyone who does not feature on the above club list.

There will be a **tea stall** at ABC providing hot and cold food and drinks.

**Toilets** are available at ABC for seniors and at ASRA for any junior competitors.

Although **changing rooms and showers** are available at ABC, there could be overcrowding problems in the case of a large entry. Competitors are encouraged, when possible, to arrive in kit and then change/shower at home after the event. Showers will be available in the case of immersion (but changing into dry clothing and use of thermal suits or blankets is a more effective and safer way of rewarming).

Being **indoors** anywhere is more risky than **outdoors**.

**Masks** should be worn when moving around indoors. They can be removed when sitting and also when eating/drinking.