



RULES for Aberdeen Head of the River events

- (1) **Time Penalties**
 - (a) Crews must be clear of the jetty at least 15 minutes before the start of their division.
 - (b) Crews must be downstream of the QE2 Bridge at least 10 minutes before the start of their division.

Any crew breaching either of these rules will be awarded a 15 second time penalty at the end of the race. If both rules are broken then a 30 second time penalty will apply.
The launching area is likely to be busy at this time and it is your responsibility to allow for this.
- (2) All crews must collect their bow slot (£5 deposit per number) and (if used) disposable paper numbers from the ABC Boathouse before racing **Paper numbers (if used) must be worn on the back of bow, visible when racing.**
- (3) Crews will gather in order on the City Bank upstream of the Victoria Bridge with **the lowest numbers downstream, nearest the bridge.** Boats should be facing downstream.
- (4) On the order from the marshal, all crews will strip off and then move down through the Victoria Bridge.
- (5) On command, crews will turn round the moored starting launch by pulling harder on stroke side and holding on bow side.
Make a tight turn rather than spinning.
- (6) **The southernmost (Boathouse) arch of the Victoria Bridge is out of bounds.
The southernmost (Boathouse) arch of the QE II Bridge is out of bounds.
The northernmost (City) arch of the Railway Bridge is out of bounds.
The northernmost (City) arch of the King George VI Bridge is out of bounds**
- (7) **Crews being overtaken must give way to faster crews and move to the outside of bends (but see rule 12)**
- (8) ****NB** There is a new shingle bank developing on the south (Boathouse) side of the river near the finish. This will be marked by buoys but crews should avoid hugging the bank at this point.**
- (9) At the end of the race, all crews must finish near the South (Boathouse) side of the river. They must then move to the marshalling area on the North (City) side of the river. For safety reasons, **crews will only be allowed downstream of the King George VI Bridge when instructed by the marshals. Any crew breaking this rule may be disqualified.**
- (10) Veteran events will be handicapped according to standard tables.
Entrants in the **Time-Only event** will be subjected to all normal rules of racing.
Any crew which is disqualified will not be informed of their time.
- (11) The race will be held under the rules of *Scottish Rowing*.
- (12) **Time-Only crews** must give way to entrants in contested events and must pass them on the outside of bends.