

Aberdeen 2010

January

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Fri 01	01:15 / 4.27 m	07:14 / 0.83 m	13:28 / 4.42 m	19:40 / 0.42 m		5:44	8:44	17:40	21:40	08:47	15:36
Sat 02	02:04 / 4.37 m	07:58 / 0.77 m	14:14 / 4.54 m	20:26 / 0.30 m		6:28	9:28	18:26	22:26	08:47	15:37
Sun 03	02:52 / 4.39 m	08:42 / 0.78 m	14:59 / 4.58 m	21:12 / 0.28 m		7:12	10:12	19:12	23:12	08:46	15:39
Mon 04	03:41 / 4.32 m	09:27 / 0.87 m	15:46 / 4.53 m	22:00 / 0.38 m		7:57	10:57	20:00	0:00	08:46	15:40
Tue 05	04:30 / 4.17 m	10:13 / 1.03 m	16:35 / 4.40 m	22:50 / 0.57 m		8:43	11:43	21:20	0:00	08:45	15:41
Wed 06	05:22 / 3.96 m	11:03 / 1.23 m	17:27 / 4.20 m	23:44 / 0.83 m		10:03	12:03	22:14	0:00	08:45	15:43
Thu 07	06:17 / 3.75 m	11:58 / 1.44 m	18:24 / 3.96 m							08:44	15:45
Fri 08		00:44 / 1.11 m	07:18 / 3.56 m	13:03 / 1.62 m	19:29 / 3.73 m	0:00	2:14			08:43	15:46
Sat 09		01:54 / 1.35 m	08:24 / 3.46 m	14:22 / 1.70 m	20:43 / 3.57 m					08:42	15:48
Sun 10		03:08 / 1.48 m	09:32 / 3.45 m	15:43 / 1.63 m	21:59 / 3.51 m					08:41	15:50
Mon 11		04:17 / 1.51 m	10:36 / 3.54 m	16:50 / 1.47 m	23:07 / 3.55 m					08:40	15:52
Tue 12		05:12 / 1.48 m	11:29 / 3.68 m	17:43 / 1.27 m				16:43	18:43	08:39	15:53
Wed 13	00:03 / 3.63 m	05:58 / 1.40 m	12:14 / 3.84 m	18:27 / 1.08 m				16:57	19:57	08:38	15:55
Thu 14	00:48 / 3.72 m	06:37 / 1.31 m	12:54 / 3.98 m	19:05 / 0.93 m				17:35	20:35	08:37	15:57
Fri 15	01:27 / 3.80 m	07:13 / 1.22 m	13:29 / 4.09 m	19:40 / 0.83 m		6:13	8:13	18:10	21:10	08:36	15:59
Sat 16	02:01 / 3.85 m	07:46 / 1.14 m	14:03 / 4.16 m	20:14 / 0.78 m		6:16	9:16	18:44	21:44	08:35	16:01
Sun 17	02:33 / 3.88 m	08:19 / 1.10 m	14:35 / 4.18 m	20:46 / 0.78 m		6:49	9:49	19:16	22:16	08:33	16:03
Mon 18	03:04 / 3.87 m	08:50 / 1.10 m	15:07 / 4.16 m	21:18 / 0.83 m		7:20	10:20	19:48	22:48	08:32	16:05
Tue 19	03:36 / 3.82 m	09:22 / 1.15 m	15:39 / 4.09 m	21:50 / 0.91 m		7:52	10:52	20:20	23:20	08:31	16:07
Wed 20	04:08 / 3.73 m	09:54 / 1.23 m	16:12 / 3.98 m	22:23 / 1.03 m		8:54	10:54	20:53	23:53	08:29	16:09
Thu 21	04:43 / 3.62 m	10:29 / 1.35 m	16:47 / 3.84 m	23:00 / 1.17 m				21:30	0:00	08:28	16:11
Fri 22	05:21 / 3.50 m	11:07 / 1.49 m	17:29 / 3.69 m	23:43 / 1.33 m						08:26	16:13
Sat 23	06:08 / 3.38 m	11:55 / 1.63 m	18:21 / 3.53 m							08:24	16:16
Sun 24		00:36 / 1.50 m	07:06 / 3.29 m	12:58 / 1.74 m	19:28 / 3.41 m					08:23	16:18
Mon 25		01:47 / 1.61 m	08:17 / 3.28 m	14:23 / 1.73 m	20:48 / 3.39 m					08:21	16:20
Tue 26		03:11 / 1.60 m	09:32 / 3.39 m	15:49 / 1.54 m	22:08 / 3.52 m					08:19	16:22
Wed 27		04:26 / 1.45 m	10:39 / 3.62 m	16:57 / 1.22 m	23:17 / 3.76 m			15:57	17:57	08:18	16:24
Thu 28		05:25 / 1.22 m	11:37 / 3.92 m	17:53 / 0.85 m		4:25	6:25	16:23	19:23	08:16	16:27
Fri 29	00:14 / 4.03 m	06:15 / 0.98 m	12:28 / 4.22 m	18:42 / 0.50 m		4:45	7:45	16:42	20:42	08:14	16:29
Sat 30	01:05 / 4.27 m	07:01 / 0.77 m	13:15 / 4.48 m	19:28 / 0.23 m		5:31	8:31	17:28	21:28	08:12	16:31
Sun 31	01:52 / 4.42 m	07:45 / 0.63 m	14:00 / 4.67 m	20:13 / 0.08 m		6:15	9:15	18:13	22:13	08:10	16:33

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

February

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Mon 01	02:37 / 4.47 m	08:27 / 0.58 m	14:44 / 4.74 m	20:56 / 0.06 m		6:57	9:57	18:56	22:56	08:08	16:36
Tue 02	03:21 / 4.41 m	09:09 / 0.62 m	15:28 / 4.69 m	21:40 / 0.19 m		7:39	10:39	19:40	23:40	08:06	16:38
Wed 03	04:06 / 4.25 m	09:52 / 0.76 m	16:13 / 4.51 m	22:25 / 0.45 m		8:22	11:22	20:25	0:00	08:04	16:40
Thu 04	04:51 / 4.02 m	10:36 / 0.98 m	17:00 / 4.23 m	23:11 / 0.79 m		9:06	12:06	21:41	0:00	08:02	16:42
Fri 05	05:39 / 3.75 m	11:24 / 1.23 m	17:52 / 3.90 m			10:24	12:24			07:59	16:45
Sat 06		00:03 / 1.17 m	06:32 / 3.50 m	12:22 / 1.49 m	18:54 / 3.56 m	0:00	1:33			07:57	16:47
Sun 07		01:06 / 1.51 m	07:36 / 3.31 m	13:40 / 1.68 m	20:12 / 3.30 m					07:55	16:49
Mon 08		02:28 / 1.75 m	08:52 / 3.24 m	15:16 / 1.69 m	21:41 / 3.22 m					07:53	16:52
Tue 09		03:54 / 1.79 m	10:08 / 3.31 m	16:36 / 1.53 m	22:59 / 3.30 m					07:51	16:54
Wed 10		04:58 / 1.69 m	11:11 / 3.48 m	17:31 / 1.30 m	23:54 / 3.45 m			16:31	18:31	07:48	16:56
Thu 11		05:45 / 1.53 m	11:58 / 3.69 m	18:14 / 1.09 m				16:44	19:44	07:46	16:59
Fri 12	00:36 / 3.61 m	06:23 / 1.34 m	12:37 / 3.88 m	18:49 / 0.91 m				17:19	20:19	07:44	17:01
Sat 13	01:10 / 3.75 m	06:57 / 1.17 m	13:11 / 4.04 m	19:22 / 0.78 m		5:27	8:27	17:52	20:52	07:42	17:03
Sun 14	01:40 / 3.86 m	07:28 / 1.03 m	13:43 / 4.16 m	19:52 / 0.69 m		5:58	8:58	18:22	21:22	07:39	17:06
Mon 15	02:09 / 3.93 m	07:58 / 0.93 m	14:13 / 4.22 m	20:22 / 0.65 m		6:28	9:28	18:52	21:52	07:37	17:08
Tue 16	02:38 / 3.95 m	08:27 / 0.89 m	14:42 / 4.22 m	20:51 / 0.66 m		6:57	9:57	19:21	22:21	07:34	17:10
Wed 17	03:06 / 3.93 m	08:57 / 0.91 m	15:11 / 4.17 m	21:21 / 0.73 m		7:27	10:27	19:51	22:51	07:32	17:13
Thu 18	03:35 / 3.86 m	09:27 / 0.98 m	15:42 / 4.07 m	21:52 / 0.85 m		7:57	10:57	20:22	23:22	07:30	17:15
Fri 19	04:06 / 3.75 m	09:59 / 1.08 m	16:15 / 3.92 m	22:25 / 1.01 m		8:29	11:29	20:55	23:55	07:27	17:17
Sat 20	04:41 / 3.61 m	10:35 / 1.22 m	16:54 / 3.74 m	23:04 / 1.22 m		9:35	11:35	22:04	0:00	07:25	17:19
Sun 21	05:23 / 3.45 m	11:19 / 1.39 m	17:45 / 3.53 m	23:54 / 1.45 m						07:22	17:22
Mon 22	06:18 / 3.30 m	12:19 / 1.55 m	18:55 / 3.34 m							07:20	17:24
Tue 23		01:03 / 1.65 m	07:34 / 3.22 m	13:46 / 1.62 m	20:25 / 3.29 m					07:17	17:26
Wed 24		02:39 / 1.71 m	09:00 / 3.30 m	15:25 / 1.46 m	21:54 / 3.43 m					07:15	17:29
Thu 25		04:06 / 1.55 m	10:17 / 3.54 m	16:40 / 1.12 m	23:05 / 3.70 m			15:10	18:10	07:12	17:31
Fri 26		05:09 / 1.27 m	11:19 / 3.88 m	17:37 / 0.73 m		4:09	6:09	16:07	19:07	07:09	17:33
Sat 27	00:02 / 4.00 m	06:00 / 0.97 m	12:11 / 4.22 m	18:26 / 0.37 m		4:30	7:30	16:26	20:26	07:07	17:35
Sun 28	00:50 / 4.26 m	06:44 / 0.70 m	12:57 / 4.51 m	19:11 / 0.11 m		5:14	8:14	17:11	21:11	07:04	17:38
0										00:00	00:00

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Aberdeen 2010

March

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Mon 01	01:34 / 4.42 m	07:27 / 0.52 m	13:41 / 4.70 m	19:54 / -0.02 m		5:57	8:57	17:54	21:54	07:02	17:40
Tue 02	02:16 / 4.47 m	08:07 / 0.43 m	14:24 / 4.76 m	20:35 / 0.01 m		6:07	10:07	18:35	22:35	06:59	17:42
Wed 03	02:57 / 4.41 m	08:47 / 0.46 m	15:06 / 4.67 m	21:16 / 0.19 m		6:47	10:47	19:16	23:16	06:57	17:44
Thu 04	03:38 / 4.25 m	09:28 / 0.59 m	15:49 / 4.44 m	21:57 / 0.49 m		7:58	10:58	19:57	23:57	06:54	17:46
Fri 05	04:18 / 4.02 m	10:09 / 0.80 m	16:34 / 4.12 m	22:39 / 0.86 m		8:39	11:39	21:09	0:00	06:51	17:49
Sat 06	05:01 / 3.75 m	10:55 / 1.07 m	17:23 / 3.74 m	23:24 / 1.27 m		9:25	12:25	22:24	0:00	06:48	17:51
Sun 07	05:49 / 3.48 m	11:48 / 1.36 m	18:24 / 3.38 m							06:46	17:53
Mon 08		00:19 / 1.65 m	06:48 / 3.25 m	13:01 / 1.60 m	19:43 / 3.11 m					06:43	17:55
Tue 09		01:40 / 1.91 m	08:07 / 3.13 m	14:43 / 1.67 m	21:18 / 3.04 m					06:40	17:58
Wed 10		03:23 / 1.95 m	09:32 / 3.17 m	16:11 / 1.54 m	22:37 / 3.16 m					06:38	18:00
Thu 11		04:35 / 1.79 m	10:41 / 3.35 m	17:08 / 1.32 m	23:30 / 3.35 m					06:35	18:02
Fri 12		05:23 / 1.57 m	11:30 / 3.57 m	17:49 / 1.10 m				16:19	19:19	06:32	18:04
Sat 13	00:09 / 3.54 m	06:00 / 1.34 m	12:10 / 3.78 m	18:23 / 0.91 m				16:53	19:53	06:30	18:06
Sun 14	00:41 / 3.71 m	06:32 / 1.13 m	12:44 / 3.97 m	18:54 / 0.76 m		5:02	8:02	17:24	20:24	06:27	18:09
Mon 15	01:10 / 3.85 m	07:03 / 0.95 m	13:15 / 4.10 m	19:24 / 0.65 m		5:33	8:33	17:54	20:54	06:24	18:11
Tue 16	01:39 / 3.95 m	07:32 / 0.83 m	13:45 / 4.18 m	19:53 / 0.59 m		6:02	9:02	18:23	21:23	06:21	18:13
Wed 17	02:07 / 4.00 m	08:01 / 0.77 m	14:15 / 4.20 m	20:23 / 0.59 m		6:31	9:31	18:53	21:53	06:19	18:15
Thu 18	02:36 / 3.99 m	08:31 / 0.76 m	14:45 / 4.16 m	20:52 / 0.66 m		7:01	10:01	19:22	22:22	06:16	18:17
Fri 19	03:05 / 3.93 m	09:02 / 0.80 m	15:17 / 4.06 m	21:24 / 0.78 m		7:32	10:32	19:54	22:54	06:13	18:19
Sat 20	03:36 / 3.83 m	09:36 / 0.89 m	15:52 / 3.91 m	21:59 / 0.96 m		8:06	11:06	20:29	23:29	06:11	18:21
Sun 21	04:12 / 3.69 m	10:14 / 1.03 m	16:35 / 3.71 m	22:39 / 1.19 m		8:44	11:44	21:09	0:00	06:08	18:24
Mon 22	04:54 / 3.52 m	11:01 / 1.20 m	17:29 / 3.49 m	23:30 / 1.45 m		9:31	12:31			06:05	18:26
Tue 23	05:52 / 3.36 m	12:02 / 1.37 m	18:44 / 3.31 m							06:02	18:28
Wed 24		00:40 / 1.67 m	07:09 / 3.26 m	13:29 / 1.44 m	20:15 / 3.27 m					06:00	18:30
Thu 25		02:17 / 1.73 m	08:37 / 3.33 m	15:06 / 1.30 m	21:41 / 3.43 m			14:06	16:06	05:57	18:32
Fri 26		03:46 / 1.56 m	09:54 / 3.56 m	16:21 / 0.98 m	22:48 / 3.70 m			14:51	17:51	05:54	18:35
Sat 27		04:49 / 1.27 m	10:57 / 3.89 m	17:18 / 0.63 m	23:42 / 3.98 m	3:49	5:49	15:48	18:48	05:51	18:36
Sun 28		06:39 / 0.96 m	12:49 / 4.21 m	19:06 / 0.34 m		5:09	8:09	17:06	21:06	06:48	19:39
Mon 29	01:29 / 4.20 m	07:24 / 0.69 m	13:36 / 4.46 m	19:50 / 0.14 m		5:54	8:54	17:50	21:50	06:46	19:41
Tue 30	02:12 / 4.34 m	08:06 / 0.50 m	14:20 / 4.59 m	20:31 / 0.08 m		6:06	10:06	18:31	22:31	06:43	19:43
Wed 31	02:52 / 4.39 m	08:46 / 0.41 m	15:03 / 4.60 m	21:11 / 0.16 m		6:46	10:46	19:11	23:11	06:40	19:45

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Aberdeen 2010

April

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Thu 01	03:31 / 4.33 m	09:26 / 0.42 m	15:45 / 4.47 m	21:50 / 0.36 m		7:26	11:26	19:50	23:50	06:38	19:47
Fri 02	04:09 / 4.20 m	10:06 / 0.53 m	16:28 / 4.23 m	22:29 / 0.66 m		8:36	11:36	20:59	23:59	06:35	19:50
Sat 03	04:47 / 4.00 m	10:47 / 0.73 m	17:12 / 3.92 m	23:08 / 1.01 m		9:17	12:17	21:38	0:00	06:32	19:52
Sun 04	05:27 / 3.76 m	11:31 / 0.98 m	18:01 / 3.58 m	23:50 / 1.37 m		10:01	13:01			06:29	19:54
Mon 05	06:12 / 3.51 m	12:22 / 1.25 m	18:59 / 3.26 m			11:22	13:22			06:27	19:56
Tue 06		00:41 / 1.70 m	07:09 / 3.29 m	13:27 / 1.49 m	20:13 / 3.05 m					06:24	19:58
Wed 07		01:52 / 1.94 m	08:22 / 3.15 m	14:59 / 1.60 m	21:38 / 2.99 m					06:21	20:00
Thu 08		03:33 / 1.98 m	09:43 / 3.14 m	16:27 / 1.53 m	22:53 / 3.09 m					06:19	20:02
Fri 09		04:53 / 1.84 m	10:54 / 3.27 m	17:27 / 1.35 m	23:47 / 3.27 m					06:16	20:04
Sat 10		05:45 / 1.61 m	11:48 / 3.47 m	18:11 / 1.16 m				16:41	19:41	06:13	20:07
Sun 11	00:28 / 3.47 m	06:25 / 1.38 m	12:30 / 3.67 m	18:47 / 0.97 m				17:17	20:17	06:11	20:09
Mon 12	01:03 / 3.65 m	06:59 / 1.16 m	13:07 / 3.85 m	19:20 / 0.81 m		5:29	8:29	17:50	20:50	06:08	20:11
Tue 13	01:35 / 3.81 m	07:32 / 0.98 m	13:41 / 3.99 m	19:52 / 0.70 m		6:02	9:02	18:22	21:22	06:05	20:13
Wed 14	02:05 / 3.92 m	08:03 / 0.83 m	14:14 / 4.09 m	20:23 / 0.63 m		6:33	9:33	18:53	21:53	06:03	20:15
Thu 15	02:36 / 3.99 m	08:35 / 0.74 m	14:47 / 4.12 m	20:54 / 0.63 m		7:05	10:05	19:24	22:24	06:00	20:17
Fri 16	03:07 / 4.01 m	09:08 / 0.69 m	15:22 / 4.10 m	21:27 / 0.69 m		7:38	10:38	19:57	22:57	05:57	20:19
Sat 17	03:40 / 3.98 m	09:43 / 0.70 m	15:59 / 4.01 m	22:02 / 0.81 m		8:13	11:13	20:32	23:32	05:55	20:22
Sun 18	04:15 / 3.90 m	10:20 / 0.76 m	16:40 / 3.87 m	22:41 / 0.99 m		8:50	11:50	21:11	0:00	05:52	20:24
Mon 19	04:54 / 3.78 m	11:03 / 0.87 m	17:29 / 3.69 m	23:25 / 1.21 m		9:33	12:33	22:25	0:00	05:50	20:26
Tue 20	05:42 / 3.63 m	11:54 / 1.02 m	18:29 / 3.50 m			10:24	13:24			05:47	20:28
Wed 21		00:19 / 1.45 m	06:42 / 3.49 m	12:57 / 1.16 m	19:43 / 3.37 m			11:27	14:27	05:44	20:30
Thu 22		01:29 / 1.63 m	07:56 / 3.42 m	14:19 / 1.22 m	21:05 / 3.36 m			13:19	15:19	05:42	20:32
Fri 23		02:57 / 1.67 m	09:16 / 3.47 m	15:45 / 1.11 m	22:21 / 3.49 m			14:15	17:15	05:39	20:34
Sat 24		04:19 / 1.53 m	10:28 / 3.65 m	16:57 / 0.89 m	23:25 / 3.69 m			15:27	18:27	05:37	20:37
Sun 25		05:23 / 1.28 m	11:31 / 3.89 m	17:54 / 0.65 m		4:23	6:23	16:24	19:24	05:34	20:39
Mon 26	00:18 / 3.90 m	06:16 / 1.02 m	12:25 / 4.12 m	18:43 / 0.46 m		4:46	7:46	16:43	20:43	05:32	20:41
Tue 27	01:05 / 4.08 m	07:02 / 0.78 m	13:14 / 4.28 m	19:27 / 0.36 m		5:32	8:32	17:27	21:27	05:29	20:43
Wed 28	01:47 / 4.19 m	07:44 / 0.60 m	14:00 / 4.35 m	20:08 / 0.36 m		6:14	9:14	18:08	22:08	05:27	20:45
Thu 29	02:27 / 4.24 m	08:26 / 0.50 m	14:44 / 4.32 m	20:48 / 0.46 m		6:26	10:26	18:48	22:48	05:24	20:47
Fri 30	03:06 / 4.21 m	09:07 / 0.50 m	15:27 / 4.19 m	21:26 / 0.65 m		7:07	11:07	19:56	22:56	05:22	20:49

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

May

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sat 01	03:43 / 4.12 m	09:47 / 0.58 m	16:10 / 3.98 m	22:04 / 0.89 m		8:17	11:17	20:34	23:34	05:20	20:52
Sun 02	04:21 / 3.98 m	10:29 / 0.73 m	16:55 / 3.74 m	22:42 / 1.15 m		8:59	11:59	21:12	0:00	05:17	20:54
Mon 03	05:01 / 3.80 m	11:12 / 0.93 m	17:42 / 3.48 m	23:24 / 1.42 m		9:42	12:42			05:15	20:56
Tue 04	05:45 / 3.60 m	12:00 / 1.15 m	18:36 / 3.26 m			10:30	13:30			05:13	20:58
Wed 05		00:11 / 1.65 m	06:37 / 3.42 m	12:57 / 1.36 m	19:38 / 3.11 m					05:10	21:00
Thu 06		01:10 / 1.84 m	07:39 / 3.28 m	14:07 / 1.49 m	20:46 / 3.05 m					05:08	21:02
Fri 07		02:28 / 1.91 m	08:47 / 3.23 m	15:25 / 1.50 m	21:52 / 3.10 m					05:06	21:04
Sat 08		03:49 / 1.85 m	09:54 / 3.28 m	16:30 / 1.41 m	22:49 / 3.22 m					05:04	21:06
Sun 09		04:52 / 1.69 m	10:52 / 3.40 m	17:21 / 1.26 m	23:37 / 3.39 m			16:21	18:21	05:01	21:09
Mon 10		05:39 / 1.49 m	11:42 / 3.55 m	18:04 / 1.10 m				16:34	19:34	04:59	21:11
Tue 11	00:18 / 3.56 m	06:20 / 1.29 m	12:25 / 3.71 m	18:41 / 0.95 m		5:20	7:20	17:11	20:11	04:57	21:13
Wed 12	00:55 / 3.72 m	06:58 / 1.09 m	13:05 / 3.85 m	19:18 / 0.84 m		5:28	8:28	17:48	20:48	04:55	21:15
Thu 13	01:31 / 3.86 m	07:34 / 0.91 m	13:45 / 3.96 m	19:53 / 0.76 m		6:04	9:04	18:23	21:23	04:53	21:17
Fri 14	02:07 / 3.97 m	08:11 / 0.77 m	14:24 / 4.03 m	20:30 / 0.73 m		6:41	9:41	19:00	22:00	04:51	21:19
Sat 15	02:43 / 4.03 m	08:49 / 0.67 m	15:05 / 4.04 m	21:07 / 0.77 m		7:19	10:19	19:37	22:37	04:49	21:21
Sun 16	03:21 / 4.04 m	09:28 / 0.62 m	15:49 / 4.00 m	21:47 / 0.86 m		7:58	10:58	20:17	23:17	04:47	21:23
Mon 17	04:01 / 4.01 m	10:11 / 0.63 m	16:36 / 3.90 m	22:30 / 1.00 m		8:41	11:41	21:00	0:00	04:45	21:25
Tue 18	04:46 / 3.94 m	10:58 / 0.70 m	17:29 / 3.77 m	23:17 / 1.18 m		9:28	12:28	21:47	0:00	04:43	21:27
Wed 19	05:37 / 3.84 m	11:51 / 0.81 m	18:29 / 3.63 m			10:21	13:21			04:42	21:28
Thu 20		00:12 / 1.36 m	06:35 / 3.73 m	12:52 / 0.93 m	19:35 / 3.53 m			11:22	14:22	04:40	21:30
Fri 21		01:16 / 1.52 m	07:41 / 3.67 m	14:04 / 1.00 m	20:45 / 3.49 m			12:34	15:34	04:38	21:32
Sat 22		02:31 / 1.58 m	08:51 / 3.66 m	15:19 / 1.00 m	21:53 / 3.54 m			13:49	16:49	04:36	21:34
Sun 23		03:48 / 1.51 m	09:59 / 3.73 m	16:29 / 0.92 m	22:56 / 3.65 m			14:59	17:59	04:34	21:36
Mon 24		04:55 / 1.34 m	11:04 / 3.84 m	17:28 / 0.81 m	23:51 / 3.78 m			15:58	18:58	04:33	21:37
Tue 25		05:51 / 1.14 m	12:02 / 3.95 m	18:19 / 0.74 m		4:21	7:21	16:49	19:49	04:31	21:39
Wed 26	00:40 / 3.91 m	06:41 / 0.94 m	12:55 / 4.02 m	19:05 / 0.71 m		5:11	8:11	17:35	20:35	04:30	21:41
Thu 27	01:25 / 4.02 m	07:27 / 0.77 m	13:45 / 4.05 m	19:47 / 0.74 m		5:57	8:57	18:17	21:17	04:28	21:43
Fri 28	02:06 / 4.08 m	08:11 / 0.67 m	14:31 / 4.02 m	20:27 / 0.82 m		6:41	9:41	18:57	21:57	04:27	21:44
Sat 29	02:45 / 4.10 m	08:52 / 0.63 m	15:15 / 3.93 m	21:06 / 0.93 m		7:22	10:22	19:36	22:36	04:25	21:46
Sun 30	03:23 / 4.07 m	09:33 / 0.66 m	15:57 / 3.81 m	21:43 / 1.07 m		8:03	11:03	20:13	23:13	04:24	21:48
Mon 31	04:01 / 4.00 m	10:13 / 0.75 m	16:39 / 3.67 m	22:21 / 1.22 m		8:43	11:43	21:21	23:21	04:23	21:49

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

June

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Tue 01	04:41 / 3.89 m	10:54 / 0.89 m	17:22 / 3.52 m	23:01 / 1.38 m		9:24	12:24			04:22	21:51
Wed 02	05:22 / 3.75 m	11:37 / 1.05 m	18:07 / 3.38 m	23:43 / 1.53 m		10:07	13:07			04:21	21:52
Thu 03	06:07 / 3.61 m	12:23 / 1.22 m	18:56 / 3.26 m			11:23	13:23			04:20	21:53
Fri 04		00:31 / 1.67 m	06:57 / 3.48 m	13:16 / 1.36 m	19:50 / 3.19 m					04:19	21:55
Sat 05		01:27 / 1.77 m	07:52 / 3.39 m	14:16 / 1.44 m	20:47 / 3.17 m					04:18	21:56
Sun 06		02:34 / 1.82 m	08:51 / 3.35 m	15:21 / 1.46 m	21:45 / 3.22 m					04:17	21:57
Mon 07		03:43 / 1.77 m	09:51 / 3.37 m	16:21 / 1.40 m	22:40 / 3.32 m					04:16	21:58
Tue 08		04:45 / 1.64 m	10:48 / 3.46 m	17:15 / 1.29 m	23:30 / 3.46 m			16:15	18:15	04:15	21:59
Wed 09		05:37 / 1.45 m	11:42 / 3.58 m	18:02 / 1.16 m				16:32	19:32	04:14	22:00
Thu 10	00:16 / 3.63 m	06:24 / 1.23 m	12:32 / 3.73 m	18:46 / 1.03 m		5:24	7:24	17:16	20:16	04:14	22:01
Fri 11	00:59 / 3.80 m	07:08 / 1.01 m	13:20 / 3.87 m	19:28 / 0.93 m		5:38	8:38	17:58	20:58	04:13	22:02
Sat 12	01:41 / 3.96 m	07:51 / 0.80 m	14:07 / 3.99 m	20:10 / 0.85 m		6:21	9:21	18:40	21:40	04:13	22:03
Sun 13	02:23 / 4.09 m	08:33 / 0.62 m	14:54 / 4.07 m	20:52 / 0.83 m		7:03	10:03	19:22	22:22	04:12	22:04
Mon 14	03:06 / 4.18 m	09:17 / 0.51 m	15:42 / 4.09 m	21:35 / 0.85 m		7:47	10:47	20:05	23:05	04:12	22:04
Tue 15	03:51 / 4.22 m	10:03 / 0.46 m	16:31 / 4.05 m	22:20 / 0.93 m		8:03	12:03	20:50	23:50	04:12	22:05
Wed 16	04:37 / 4.20 m	10:50 / 0.49 m	17:22 / 3.97 m	23:07 / 1.05 m		8:50	12:50	21:37	0:00	04:12	22:06
Thu 17	05:27 / 4.14 m	11:42 / 0.59 m	18:16 / 3.84 m	23:58 / 1.21 m		10:12	13:12	22:58	0:00	04:11	22:06
Fri 18	06:21 / 4.04 m	12:38 / 0.73 m	19:15 / 3.71 m			11:08	14:08			04:11	22:07
Sat 19		00:55 / 1.37 m	07:20 / 3.92 m	13:40 / 0.89 m	20:17 / 3.60 m			12:10	15:10	04:11	22:07
Sun 20		02:00 / 1.49 m	08:23 / 3.81 m	14:49 / 1.02 m	21:21 / 3.55 m			13:19	16:19	04:11	22:07
Mon 21		03:13 / 1.52 m	09:31 / 3.73 m	15:59 / 1.10 m	22:25 / 3.56 m			14:29	17:29	04:12	22:08
Tue 22		04:27 / 1.45 m	10:40 / 3.70 m	17:03 / 1.12 m	23:25 / 3.64 m			15:33	18:33	04:12	22:08
Wed 23		05:31 / 1.30 m	11:45 / 3.72 m	17:59 / 1.12 m		4:31	6:31	16:29	19:29	04:12	22:08
Thu 24	00:19 / 3.75 m	06:27 / 1.12 m	12:44 / 3.77 m	18:48 / 1.10 m		4:57	7:57	17:18	20:18	04:13	22:08
Fri 25	01:06 / 3.87 m	07:16 / 0.95 m	13:37 / 3.81 m	19:32 / 1.10 m		5:46	8:46	18:02	21:02	04:13	22:08
Sat 26	01:50 / 3.98 m	07:59 / 0.82 m	14:23 / 3.83 m	20:12 / 1.10 m		6:29	9:29	18:42	21:42	04:13	22:08
Sun 27	02:29 / 4.05 m	08:40 / 0.74 m	15:04 / 3.82 m	20:49 / 1.11 m		7:10	10:10	19:19	22:19	04:14	22:07
Mon 28	03:07 / 4.09 m	09:19 / 0.73 m	15:43 / 3.78 m	21:25 / 1.14 m		7:49	10:49	19:55	22:55	04:15	22:07
Tue 29	03:44 / 4.08 m	09:56 / 0.76 m	16:20 / 3.73 m	22:01 / 1.19 m		8:26	11:26	20:31	23:31	04:15	22:07
Wed 30	04:20 / 4.03 m	10:33 / 0.85 m	16:56 / 3.65 m	22:37 / 1.26 m		9:03	12:03	21:37	23:37	04:16	22:06

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

July

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Thu 01	04:56 / 3.94 m	11:09 / 0.96 m	17:33 / 3.56 m	23:13 / 1.36 m		9:39	12:39			04:17	22:06
Fri 02	05:34 / 3.83 m	11:47 / 1.10 m	18:13 / 3.46 m	23:52 / 1.49 m		10:17	13:17			04:18	22:05
Sat 03	06:15 / 3.70 m	12:29 / 1.24 m	18:56 / 3.36 m			11:29	13:29			04:19	22:05
Sun 04		00:36 / 1.61 m	07:00 / 3.57 m	13:15 / 1.38 m	19:45 / 3.29 m					04:20	22:04
Mon 05		01:27 / 1.73 m	07:52 / 3.45 m	14:11 / 1.49 m	20:41 / 3.25 m					04:21	22:03
Tue 06		02:31 / 1.79 m	08:52 / 3.39 m	15:16 / 1.54 m	21:42 / 3.28 m					04:22	22:02
Wed 07		03:45 / 1.75 m	09:58 / 3.39 m	16:24 / 1.51 m	22:43 / 3.38 m					04:23	22:01
Thu 08		04:55 / 1.60 m	11:05 / 3.49 m	17:26 / 1.40 m	23:40 / 3.55 m					04:25	22:00
Fri 09		05:54 / 1.35 m	12:07 / 3.65 m	18:19 / 1.24 m				17:19	19:19	04:26	21:59
Sat 10	00:32 / 3.77 m	06:46 / 1.07 m	13:02 / 3.85 m	19:08 / 1.08 m		5:16	8:16	17:38	20:38	04:27	21:58
Sun 11	01:21 / 4.00 m	07:34 / 0.78 m	13:54 / 4.05 m	19:54 / 0.92 m		6:04	9:04	18:24	21:24	04:28	21:57
Mon 12	02:07 / 4.22 m	08:19 / 0.53 m	14:42 / 4.20 m	20:38 / 0.81 m		6:49	9:49	19:08	22:08	04:30	21:56
Tue 13	02:52 / 4.39 m	09:05 / 0.35 m	15:29 / 4.28 m	21:21 / 0.76 m		7:05	11:05	19:51	22:51	04:31	21:55
Wed 14	03:37 / 4.50 m	09:50 / 0.27 m	16:16 / 4.28 m	22:05 / 0.78 m		7:50	11:50	20:35	23:35	04:33	21:54
Thu 15	04:23 / 4.52 m	10:36 / 0.30 m	17:04 / 4.19 m	22:50 / 0.88 m		8:36	12:36	21:20	0:00	04:34	21:52
Fri 16	05:10 / 4.45 m	11:24 / 0.44 m	17:54 / 4.04 m	23:37 / 1.04 m		9:24	13:24	22:07	0:00	04:36	21:51
Sat 17	06:00 / 4.29 m	12:15 / 0.66 m	18:46 / 3.85 m			10:45	13:45			04:38	21:49
Sun 18		00:28 / 1.24 m	06:54 / 4.08 m	13:10 / 0.93 m	19:43 / 3.66 m	0:00	1:28	11:40	14:40	04:39	21:48
Mon 19		01:28 / 1.43 m	07:56 / 3.84 m	14:14 / 1.20 m	20:46 / 3.52 m			12:44	15:44	04:41	21:46
Tue 20		02:40 / 1.57 m	09:06 / 3.64 m	15:28 / 1.41 m	21:53 / 3.47 m					04:43	21:44
Wed 21		04:02 / 1.58 m	10:23 / 3.53 m	16:41 / 1.50 m	23:01 / 3.51 m					04:45	21:42
Thu 22		05:18 / 1.45 m	11:37 / 3.53 m	17:45 / 1.49 m						04:46	21:41
Fri 23	00:01 / 3.64 m	06:18 / 1.26 m	12:40 / 3.61 m	18:37 / 1.43 m		5:18	7:18			04:48	21:39
Sat 24	00:52 / 3.79 m	07:07 / 1.07 m	13:31 / 3.70 m	19:20 / 1.34 m		5:37	8:37			04:50	21:37
Sun 25	01:36 / 3.95 m	07:49 / 0.92 m	14:12 / 3.79 m	19:58 / 1.25 m		6:19	9:19	18:58	20:58	04:52	21:35
Mon 26	02:14 / 4.08 m	08:26 / 0.81 m	14:48 / 3.85 m	20:33 / 1.16 m		6:56	9:56	19:03	22:03	04:54	21:34
Tue 27	02:49 / 4.16 m	09:01 / 0.76 m	15:21 / 3.88 m	21:06 / 1.11 m		7:31	10:31	19:36	22:36	04:56	21:32
Wed 28	03:23 / 4.20 m	09:33 / 0.76 m	15:53 / 3.88 m	21:38 / 1.09 m		8:03	11:03	20:08	23:08	04:58	21:30
Thu 29	03:55 / 4.19 m	10:06 / 0.81 m	16:24 / 3.84 m	22:10 / 1.13 m		8:36	11:36	20:40	23:40	05:00	21:28
Fri 30	04:27 / 4.12 m	10:38 / 0.90 m	16:56 / 3.77 m	22:42 / 1.21 m		9:08	12:08	21:42	23:42	05:01	21:26
Sat 31	04:59 / 4.02 m	11:10 / 1.02 m	17:29 / 3.67 m	23:16 / 1.33 m		9:40	12:40			05:03	21:23

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

August

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sun 01	05:34 / 3.88 m	11:45 / 1.18 m	18:06 / 3.54 m	23:52 / 1.47 m		10:15	13:15			05:05	21:21
Mon 02	06:13 / 3.71 m	12:25 / 1.35 m	18:49 / 3.42 m							05:07	21:19
Tue 03		00:36 / 1.62 m	07:01 / 3.55 m	13:13 / 1.53 m	19:42 / 3.31 m					05:10	21:17
Wed 04		01:32 / 1.75 m	08:03 / 3.41 m	14:17 / 1.68 m	20:48 / 3.27 m					05:11	21:15
Thu 05		02:50 / 1.80 m	09:19 / 3.36 m	15:39 / 1.73 m	22:01 / 3.34 m					05:13	21:13
Fri 06		04:18 / 1.68 m	10:39 / 3.45 m	16:57 / 1.62 m	23:11 / 3.53 m					05:15	21:10
Sat 07		05:31 / 1.40 m	11:49 / 3.66 m	18:00 / 1.41 m						05:18	21:08
Sun 08	00:10 / 3.81 m	06:28 / 1.05 m	12:48 / 3.93 m	18:51 / 1.16 m		4:58	7:58	17:21	20:21	05:20	21:06
Mon 09	01:02 / 4.11 m	07:17 / 0.70 m	13:39 / 4.18 m	19:37 / 0.93 m		5:47	8:47	18:07	21:07	05:22	21:04
Tue 10	01:49 / 4.40 m	08:03 / 0.41 m	14:26 / 4.38 m	20:20 / 0.74 m		6:03	10:03	18:50	21:50	05:24	21:01
Wed 11	02:34 / 4.63 m	08:48 / 0.21 m	15:11 / 4.48 m	21:03 / 0.64 m		6:48	10:48	19:33	22:33	05:26	20:59
Thu 12	03:18 / 4.76 m	09:31 / 0.14 m	15:55 / 4.48 m	21:45 / 0.64 m		7:31	11:31	20:15	23:15	05:28	20:56
Fri 13	04:03 / 4.76 m	10:15 / 0.22 m	16:39 / 4.37 m	22:27 / 0.73 m		8:15	12:15	20:57	23:57	05:30	20:54
Sat 14	04:48 / 4.64 m	11:00 / 0.42 m	17:25 / 4.18 m	23:12 / 0.91 m		9:00	13:00	21:42	0:00	05:32	20:52
Sun 15	05:36 / 4.41 m	11:46 / 0.74 m	18:13 / 3.94 m			10:16	13:16			05:34	20:49
Mon 16		00:00 / 1.15 m	06:28 / 4.09 m	12:37 / 1.11 m	19:06 / 3.69 m	0:00	1:30	11:07	14:07	05:36	20:47
Tue 17		00:56 / 1.41 m	07:30 / 3.76 m	13:37 / 1.47 m	20:08 / 3.49 m					05:38	20:44
Wed 18		02:09 / 1.62 m	08:45 / 3.49 m	14:56 / 1.75 m	21:21 / 3.39 m					05:40	20:42
Thu 19		03:42 / 1.68 m	10:12 / 3.38 m	16:24 / 1.84 m	22:38 / 3.43 m					05:42	20:39
Fri 20		05:07 / 1.55 m	11:32 / 3.43 m	17:34 / 1.77 m	23:44 / 3.58 m					05:44	20:37
Sat 21		06:08 / 1.35 m	12:33 / 3.57 m	18:25 / 1.62 m						05:46	20:34
Sun 22	00:36 / 3.78 m	06:54 / 1.15 m	13:17 / 3.71 m	19:05 / 1.45 m		5:24	8:24			05:49	20:31
Mon 23	01:17 / 3.97 m	07:32 / 0.98 m	13:53 / 3.84 m	19:40 / 1.28 m		6:02	9:02	18:40	20:40	05:51	20:29
Tue 24	01:53 / 4.13 m	08:05 / 0.86 m	14:24 / 3.94 m	20:11 / 1.14 m		6:35	9:35	18:41	21:41	05:53	20:26
Wed 25	02:26 / 4.25 m	08:36 / 0.79 m	14:53 / 4.01 m	20:42 / 1.05 m		7:06	10:06	19:12	22:12	05:55	20:24
Thu 26	02:57 / 4.30 m	09:06 / 0.76 m	15:21 / 4.04 m	21:12 / 1.01 m		7:36	10:36	19:42	22:42	05:57	20:21
Fri 27	03:26 / 4.30 m	09:35 / 0.79 m	15:50 / 4.02 m	21:41 / 1.02 m		8:05	11:05	20:11	23:11	05:59	20:18
Sat 28	03:56 / 4.24 m	10:05 / 0.87 m	16:18 / 3.95 m	22:11 / 1.10 m		8:35	11:35	20:41	23:41	06:01	20:16
Sun 29	04:26 / 4.13 m	10:35 / 1.00 m	16:49 / 3.84 m	22:43 / 1.21 m		9:05	12:05	21:43	23:43	06:03	20:13
Mon 30	04:59 / 3.98 m	11:08 / 1.17 m	17:22 / 3.71 m	23:18 / 1.36 m		9:38	12:38			06:05	20:10
Tue 31	05:36 / 3.80 m	11:44 / 1.38 m	18:01 / 3.55 m	23:59 / 1.52 m						06:07	20:08

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

September

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Wed 01	06:24 / 3.59 m	12:30 / 1.61 m	18:53 / 3.40 m							06:09	20:05
Thu 02		00:54 / 1.68 m	07:30 / 3.42 m	13:33 / 1.81 m	20:05 / 3.31 m					06:11	20:02
Fri 03		02:13 / 1.78 m	08:56 / 3.35 m	15:05 / 1.90 m	21:30 / 3.36 m					06:13	20:00
Sat 04		03:52 / 1.67 m	10:24 / 3.47 m	16:36 / 1.77 m	22:47 / 3.57 m					06:15	19:57
Sun 05		05:11 / 1.37 m	11:35 / 3.73 m	17:41 / 1.50 m	23:49 / 3.90 m					06:17	19:54
Mon 06		06:10 / 0.99 m	12:32 / 4.04 m	18:32 / 1.19 m		4:40	7:40	17:02	20:02	06:19	19:52
Tue 07	00:42 / 4.25 m	06:59 / 0.62 m	13:20 / 4.31 m	19:18 / 0.91 m		5:29	8:29	17:48	20:48	06:22	19:49
Wed 08	01:29 / 4.56 m	07:44 / 0.33 m	14:05 / 4.51 m	20:00 / 0.69 m		5:44	9:44	18:30	21:30	06:24	19:46
Thu 09	02:13 / 4.79 m	08:27 / 0.17 m	14:48 / 4.61 m	20:41 / 0.56 m		6:27	10:27	19:11	22:11	06:26	19:43
Fri 10	02:57 / 4.89 m	09:09 / 0.15 m	15:29 / 4.59 m	21:22 / 0.55 m		7:09	11:09	19:52	22:52	06:28	19:41
Sat 11	03:40 / 4.84 m	09:51 / 0.28 m	16:11 / 4.47 m	22:04 / 0.65 m		7:51	11:51	20:34	23:34	06:30	19:38
Sun 12	04:25 / 4.66 m	10:33 / 0.55 m	16:53 / 4.26 m	22:47 / 0.84 m		9:03	12:03	21:17	0:00	06:32	19:35
Mon 13	05:12 / 4.36 m	11:16 / 0.92 m	17:39 / 4.00 m	23:34 / 1.10 m		9:46	12:46	22:04	0:00	06:34	19:32
Tue 14	06:04 / 4.00 m	12:03 / 1.33 m	18:29 / 3.73 m							06:36	19:30
Wed 15		00:29 / 1.39 m	07:07 / 3.63 m	13:00 / 1.73 m	19:30 / 3.50 m					06:38	19:27
Thu 16		01:41 / 1.63 m	08:27 / 3.37 m	14:20 / 2.01 m	20:47 / 3.37 m					06:40	19:24
Fri 17		03:19 / 1.72 m	09:58 / 3.30 m	16:01 / 2.07 m	22:09 / 3.40 m					06:42	19:21
Sat 18		04:48 / 1.61 m	11:16 / 3.40 m	17:15 / 1.93 m	23:18 / 3.56 m					06:44	19:19
Sun 19		05:47 / 1.41 m	12:10 / 3.56 m	18:04 / 1.73 m						06:46	19:16
Mon 20	00:09 / 3.77 m	06:30 / 1.22 m	12:50 / 3.73 m	18:42 / 1.51 m		5:30	7:30			06:48	19:13
Tue 21	00:50 / 3.97 m	07:05 / 1.05 m	13:23 / 3.89 m	19:15 / 1.30 m		5:35	8:35	18:15	20:15	06:50	19:10
Wed 22	01:25 / 4.14 m	07:37 / 0.92 m	13:53 / 4.02 m	19:45 / 1.14 m		6:07	9:07	18:15	21:15	06:52	19:08
Thu 23	01:57 / 4.26 m	08:07 / 0.84 m	14:21 / 4.11 m	20:15 / 1.02 m		6:37	9:37	18:45	21:45	06:55	19:05
Fri 24	02:27 / 4.32 m	08:35 / 0.80 m	14:49 / 4.15 m	20:44 / 0.97 m		7:05	10:05	19:14	22:14	06:57	19:02
Sat 25	02:56 / 4.33 m	09:05 / 0.82 m	15:17 / 4.14 m	21:14 / 0.97 m		7:35	10:35	19:44	22:44	06:59	18:59
Sun 26	03:26 / 4.27 m	09:34 / 0.90 m	15:45 / 4.08 m	21:44 / 1.02 m		8:04	11:04	20:14	23:14	07:01	18:57
Mon 27	03:58 / 4.16 m	10:04 / 1.03 m	16:15 / 3.98 m	22:17 / 1.12 m		8:34	11:34	20:47	23:47	07:03	18:54
Tue 28	04:32 / 4.01 m	10:38 / 1.21 m	16:49 / 3.84 m	22:53 / 1.25 m		9:38	11:38	21:53	23:53	07:05	18:51
Wed 29	05:12 / 3.82 m	11:16 / 1.43 m	17:29 / 3.68 m	23:37 / 1.41 m						07:07	18:48
Thu 30	06:04 / 3.61 m	12:03 / 1.67 m	18:23 / 3.51 m							07:09	18:46

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

October

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Fri 01		00:34 / 1.58 m	07:16 / 3.44 m	13:08 / 1.89 m	19:38 / 3.41 m					07:11	18:43
Sat 02		01:54 / 1.67 m	08:44 / 3.41 m	14:40 / 1.97 m	21:05 / 3.46 m					07:13	18:40
Sun 03		03:31 / 1.56 m	10:09 / 3.55 m	16:13 / 1.83 m	22:22 / 3.68 m					07:15	18:37
Mon 04		04:49 / 1.27 m	11:16 / 3.81 m	17:19 / 1.54 m	23:25 / 3.99 m	3:49	5:49			07:17	18:35
Tue 05		05:48 / 0.92 m	12:11 / 4.10 m	18:10 / 1.22 m		4:18	7:18	17:10	19:10	07:19	18:32
Wed 06	00:19 / 4.33 m	06:37 / 0.60 m	12:58 / 4.35 m	18:56 / 0.93 m		5:07	8:07	17:26	20:26	07:22	18:29
Thu 07	01:06 / 4.60 m	07:22 / 0.37 m	13:42 / 4.53 m	19:39 / 0.70 m		5:22	9:22	18:09	21:09	07:24	18:26
Fri 08	01:52 / 4.78 m	08:04 / 0.27 m	14:23 / 4.61 m	20:20 / 0.57 m		6:04	10:04	18:50	21:50	07:26	18:24
Sat 09	02:36 / 4.82 m	08:46 / 0.31 m	15:04 / 4.59 m	21:01 / 0.55 m		6:46	10:46	19:31	22:31	07:28	18:21
Sun 10	03:20 / 4.73 m	09:26 / 0.49 m	15:44 / 4.48 m	21:43 / 0.63 m		7:26	11:26	20:13	23:13	07:30	18:18
Mon 11	04:05 / 4.51 m	10:07 / 0.77 m	16:25 / 4.29 m	22:26 / 0.81 m		8:37	11:37	20:56	23:56	07:32	18:16
Tue 12	04:52 / 4.21 m	10:48 / 1.13 m	17:08 / 4.05 m	23:12 / 1.06 m		9:18	12:18	21:42	0:00	07:34	18:13
Wed 13	05:44 / 3.86 m	11:33 / 1.51 m	17:55 / 3.79 m							07:37	18:11
Thu 14		00:05 / 1.34 m	06:46 / 3.54 m	12:25 / 1.85 m	18:54 / 3.56 m					07:39	18:08
Fri 15		01:12 / 1.58 m	08:01 / 3.32 m	13:38 / 2.11 m	20:07 / 3.42 m					07:41	18:05
Sat 16		02:42 / 1.70 m	09:25 / 3.26 m	15:16 / 2.17 m	21:26 / 3.41 m					07:43	18:03
Sun 17		04:09 / 1.65 m	10:38 / 3.35 m	16:36 / 2.03 m	22:36 / 3.53 m					07:45	18:00
Mon 18		05:10 / 1.50 m	11:31 / 3.51 m	17:29 / 1.82 m	23:30 / 3.70 m					07:47	17:58
Tue 19		05:54 / 1.32 m	12:12 / 3.69 m	18:09 / 1.59 m						07:50	17:55
Wed 20	00:13 / 3.88 m	06:31 / 1.17 m	12:47 / 3.86 m	18:43 / 1.38 m		5:01	8:01			07:52	17:53
Thu 21	00:50 / 4.04 m	07:04 / 1.03 m	13:18 / 4.00 m	19:16 / 1.20 m		5:34	8:34	17:46	20:46	07:54	17:50
Fri 22	01:24 / 4.16 m	07:35 / 0.94 m	13:48 / 4.11 m	19:47 / 1.07 m		6:05	9:05	18:17	21:17	07:56	17:48
Sat 23	01:57 / 4.24 m	08:05 / 0.89 m	14:18 / 4.17 m	20:19 / 0.98 m		6:35	9:35	18:49	21:49	07:58	17:45
Sun 24	02:29 / 4.26 m	08:36 / 0.90 m	14:48 / 4.19 m	20:51 / 0.95 m		7:06	10:06	19:21	22:21	08:01	17:43
Mon 25	03:03 / 4.22 m	09:08 / 0.96 m	15:19 / 4.15 m	21:24 / 0.96 m		7:38	10:38	19:54	22:54	08:03	17:40
Tue 26	03:38 / 4.14 m	09:41 / 1.08 m	15:52 / 4.08 m	22:00 / 1.02 m		8:11	11:11	20:30	23:30	08:05	17:38
Wed 27	04:17 / 4.00 m	10:17 / 1.24 m	16:29 / 3.96 m	22:40 / 1.12 m		9:17	11:17	21:10	0:00	08:07	17:35
Thu 28	05:03 / 3.84 m	10:59 / 1.44 m	17:13 / 3.82 m	23:27 / 1.25 m				22:27	0:00	08:09	17:33
Fri 29	05:59 / 3.66 m	11:49 / 1.66 m	18:09 / 3.68 m							08:12	17:31
Sat 30		00:26 / 1.38 m	07:10 / 3.53 m	12:53 / 1.84 m	19:21 / 3.60 m					08:14	17:28
Sun 31		01:41 / 1.46 m	07:29 / 3.51 m	13:16 / 1.91 m	19:40 / 3.63 m					07:16	16:26

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

November

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Mon 01		02:07 / 1.39 m	08:46 / 3.62 m	14:42 / 1.80 m	20:54 / 3.79 m					07:18	16:24
Tue 02		03:23 / 1.18 m	09:51 / 3.83 m	15:51 / 1.56 m	21:58 / 4.03 m	1:53	4:53			07:21	16:21
Wed 03		04:23 / 0.93 m	10:46 / 4.06 m	16:46 / 1.28 m	22:54 / 4.27 m	2:53	5:53	15:46	17:46	07:23	16:19
Thu 04		05:14 / 0.71 m	11:35 / 4.26 m	17:34 / 1.01 m	23:45 / 4.47 m	3:44	6:44	16:04	19:04	07:25	16:17
Fri 05		06:00 / 0.56 m	12:19 / 4.41 m	18:19 / 0.79 m		4:30	7:30	16:49	19:49	07:27	16:14
Sat 06	00:33 / 4.58 m	06:43 / 0.52 m	13:02 / 4.49 m	19:02 / 0.65 m		5:13	8:13	17:32	20:32	07:29	16:12
Sun 07	01:19 / 4.58 m	07:24 / 0.59 m	13:42 / 4.50 m	19:44 / 0.61 m		5:54	8:54	18:14	21:14	07:32	16:10
Mon 08	02:05 / 4.48 m	08:05 / 0.76 m	14:22 / 4.42 m	20:27 / 0.66 m		6:35	9:35	18:57	21:57	07:34	16:08
Tue 09	02:50 / 4.29 m	08:45 / 0.99 m	15:02 / 4.29 m	21:10 / 0.79 m		7:15	10:15	19:40	22:40	07:36	16:06
Wed 10	03:37 / 4.04 m	09:25 / 1.26 m	15:43 / 4.10 m	21:55 / 0.99 m		8:25	10:25	20:25	23:25	07:39	16:04
Thu 11	04:27 / 3.78 m	10:07 / 1.54 m	16:28 / 3.90 m	22:44 / 1.23 m				21:44	23:44	07:41	16:02
Fri 12	05:21 / 3.53 m	10:55 / 1.80 m	17:21 / 3.70 m	23:40 / 1.45 m						07:43	16:00
Sat 13	06:23 / 3.35 m	11:53 / 2.00 m	18:22 / 3.54 m							07:45	15:58
Sun 14		00:49 / 1.61 m	07:31 / 3.27 m	13:08 / 2.10 m	19:30 / 3.46 m					07:47	15:56
Mon 15		02:07 / 1.66 m	08:37 / 3.30 m	14:30 / 2.06 m	20:37 / 3.48 m					07:50	15:55
Tue 16		03:14 / 1.59 m	09:35 / 3.40 m	15:36 / 1.92 m	21:37 / 3.57 m					07:52	15:53
Wed 17		04:07 / 1.47 m	10:23 / 3.55 m	16:26 / 1.72 m	22:27 / 3.70 m					07:54	15:51
Thu 18		04:50 / 1.33 m	11:04 / 3.72 m	17:07 / 1.52 m	23:11 / 3.84 m					07:56	15:49
Fri 19		05:28 / 1.20 m	11:42 / 3.87 m	17:45 / 1.33 m	23:51 / 3.97 m	3:58	6:58			07:58	15:48
Sat 20		06:04 / 1.09 m	12:17 / 4.01 m	18:21 / 1.16 m		4:34	7:34	16:51	19:51	08:00	15:46
Sun 21	00:30 / 4.07 m	06:38 / 1.02 m	12:51 / 4.11 m	18:56 / 1.01 m		5:08	8:08	17:26	20:26	08:02	15:44
Mon 22	01:08 / 4.13 m	07:13 / 0.99 m	13:25 / 4.18 m	19:32 / 0.91 m		5:43	8:43	18:02	21:02	08:04	15:43
Tue 23	01:47 / 4.15 m	07:48 / 1.01 m	14:01 / 4.20 m	20:10 / 0.85 m		6:18	9:18	18:40	21:40	08:06	15:41
Wed 24	02:28 / 4.12 m	08:26 / 1.07 m	14:39 / 4.18 m	20:50 / 0.85 m		6:56	9:56	19:20	22:20	08:08	15:40
Thu 25	03:12 / 4.05 m	09:06 / 1.18 m	15:20 / 4.12 m	21:33 / 0.89 m		7:36	10:36	20:03	23:03	08:10	15:39
Fri 26	04:00 / 3.93 m	09:50 / 1.33 m	16:07 / 4.03 m	22:21 / 0.98 m				20:51	23:51	08:12	15:37
Sat 27	04:55 / 3.80 m	10:39 / 1.49 m	17:00 / 3.93 m	23:17 / 1.09 m				21:47	0:00	08:14	15:36
Sun 28	05:57 / 3.69 m	11:37 / 1.65 m	18:02 / 3.84 m							08:16	15:35
Mon 29		00:23 / 1.19 m	07:05 / 3.62 m	12:47 / 1.74 m	19:11 / 3.81 m	0:00	1:53			08:18	15:34
Tue 30		01:37 / 1.22 m	08:15 / 3.64 m	14:05 / 1.73 m	20:22 / 3.85 m	0:37	2:37			08:20	15:33

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2010

December

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Wed 01		02:51 / 1.16 m	09:21 / 3.74 m	15:19 / 1.59 m	21:30 / 3.94 m	1:21	4:21			08:22	15:32
Thu 02		03:56 / 1.05 m	10:20 / 3.89 m	16:22 / 1.37 m	22:33 / 4.07 m	2:26	5:26			08:23	15:31
Fri 03		04:52 / 0.94 m	11:13 / 4.05 m	17:16 / 1.13 m	23:29 / 4.18 m	3:22	6:22	15:46	18:46	08:25	15:30
Sat 04		05:41 / 0.87 m	12:01 / 4.19 m	18:05 / 0.92 m		4:11	7:11	16:35	19:35	08:27	15:29
Sun 05	00:22 / 4.25 m	06:26 / 0.86 m	12:44 / 4.30 m	18:50 / 0.76 m		4:56	7:56	17:20	20:20	08:28	15:28
Mon 06	01:10 / 4.26 m	07:08 / 0.90 m	13:26 / 4.35 m	19:34 / 0.68 m		5:38	8:38	18:04	21:04	08:30	15:27
Tue 07	01:56 / 4.20 m	07:48 / 0.99 m	14:05 / 4.34 m	20:16 / 0.68 m		6:18	9:18	18:46	21:46	08:31	15:27
Wed 08	02:40 / 4.09 m	08:27 / 1.11 m	14:45 / 4.28 m	20:57 / 0.75 m		6:57	9:57	19:27	22:27	08:33	15:26
Thu 09	03:24 / 3.95 m	09:06 / 1.26 m	15:24 / 4.17 m	21:38 / 0.89 m		8:06	10:06	20:08	23:08	08:34	15:26
Fri 10	04:06 / 3.78 m	09:45 / 1.43 m	16:05 / 4.03 m	22:21 / 1.06 m				20:51	23:51	08:35	15:25
Sat 11	04:50 / 3.61 m	10:26 / 1.59 m	16:48 / 3.87 m	23:05 / 1.25 m				22:05	0:00	08:37	15:25
Sun 12	05:37 / 3.46 m	11:11 / 1.75 m	17:36 / 3.70 m	23:55 / 1.43 m						08:38	15:25
Mon 13	06:29 / 3.34 m	12:03 / 1.88 m	18:29 / 3.56 m							08:39	15:25
Tue 14		00:53 / 1.57 m	07:26 / 3.28 m	13:07 / 1.97 m	19:29 / 3.47 m					08:40	15:25
Wed 15		01:58 / 1.64 m	08:25 / 3.29 m	14:21 / 1.97 m	20:31 / 3.44 m					08:41	15:25
Thu 16		03:03 / 1.62 m	09:24 / 3.37 m	15:29 / 1.86 m	21:33 / 3.48 m					08:42	15:25
Fri 17		04:01 / 1.53 m	10:17 / 3.50 m	16:26 / 1.69 m	22:30 / 3.59 m					08:43	15:25
Sat 18		04:50 / 1.41 m	11:04 / 3.66 m	17:14 / 1.47 m	23:21 / 3.73 m					08:44	15:25
Sun 19		05:34 / 1.28 m	11:47 / 3.83 m	17:57 / 1.24 m		4:34	6:34	16:57	18:57	08:44	15:25
Mon 20	00:08 / 3.88 m	06:15 / 1.16 m	12:28 / 4.00 m	18:38 / 1.01 m		4:45	7:45	17:08	20:08	08:45	15:26
Tue 21	00:53 / 4.01 m	06:55 / 1.05 m	13:08 / 4.15 m	19:18 / 0.82 m		5:25	8:25	17:48	20:48	08:46	15:26
Wed 22	01:37 / 4.12 m	07:35 / 0.99 m	13:48 / 4.26 m	19:59 / 0.67 m		6:05	9:05	18:29	21:29	08:46	15:27
Thu 23	02:20 / 4.17 m	08:15 / 0.96 m	14:29 / 4.33 m	20:41 / 0.59 m		6:45	9:45	19:11	22:11	08:47	15:27
Fri 24	03:05 / 4.17 m	08:56 / 0.99 m	15:12 / 4.35 m	21:25 / 0.58 m		7:26	10:26	19:55	22:55	08:47	15:28
Sat 25	03:52 / 4.11 m	09:39 / 1.07 m	15:57 / 4.31 m	22:11 / 0.64 m		8:09	11:09	20:41	23:41	08:47	15:28
Sun 26	04:41 / 3.99 m	10:25 / 1.20 m	16:46 / 4.21 m	23:02 / 0.78 m		8:55	11:55	21:32	0:00	08:47	15:29
Mon 27	05:35 / 3.85 m	11:16 / 1.36 m	17:41 / 4.08 m	23:59 / 0.95 m				22:29	0:00	08:48	15:30
Tue 28	06:34 / 3.71 m	12:16 / 1.52 m	18:42 / 3.93 m							08:48	15:31
Wed 29		01:04 / 1.12 m	07:39 / 3.61 m	13:27 / 1.62 m	19:51 / 3.80 m	0:00	2:34			08:48	15:32
Thu 30		02:17 / 1.25 m	08:47 / 3.59 m	14:46 / 1.61 m	21:04 / 3.74 m	1:17	3:17			08:47	15:33
Fri 31		03:30 / 1.29 m	09:53 / 3.66 m	16:01 / 1.46 m	22:17 / 3.77 m	2:30	4:30			08:47	15:34

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