

Aberdeen 2009

January

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Thu 01	04:04 / 3.73 m	09:49 / 1.33 m	16:05 / 3.98 m	22:19 / 1.04 m				20:49	23:49	08:47	15:36
Fri 02	04:42 / 3.64 m	10:26 / 1.43 m	16:44 / 3.89 m	23:00 / 1.14 m				21:30	0:00	08:47	15:37
Sat 03	05:25 / 3.55 m	11:07 / 1.53 m	17:29 / 3.80 m	23:46 / 1.25 m				22:46	0:00	08:46	15:39
Sun 04	06:16 / 3.46 m	11:57 / 1.64 m	18:22 / 3.70 m							08:46	15:40
Mon 05		00:42 / 1.35 m	07:14 / 3.41 m	13:00 / 1.71 m	19:27 / 3.62 m					08:45	15:42
Tue 06		01:51 / 1.42 m	08:21 / 3.42 m	14:18 / 1.70 m	20:40 / 3.61 m					08:44	15:43
Wed 07		03:06 / 1.41 m	09:30 / 3.53 m	15:39 / 1.53 m	21:55 / 3.70 m					08:44	15:45
Thu 08		04:17 / 1.30 m	10:34 / 3.73 m	16:48 / 1.25 m	23:05 / 3.87 m	3:17	5:17	15:48	17:48	08:43	15:47
Fri 09		05:18 / 1.14 m	11:33 / 3.97 m	17:46 / 0.92 m		3:48	6:48	16:16	19:16	08:42	15:48
Sat 10	00:07 / 4.08 m	06:11 / 0.98 m	12:26 / 4.21 m	18:39 / 0.61 m		4:41	7:41	17:09	20:09	08:41	15:50
Sun 11	01:03 / 4.26 m	07:00 / 0.85 m	13:15 / 4.42 m	19:28 / 0.36 m		5:30	8:30	17:28	21:28	08:40	15:52
Mon 12	01:54 / 4.37 m	07:46 / 0.78 m	14:02 / 4.56 m	20:14 / 0.23 m		6:16	9:16	18:14	22:14	08:39	15:54
Tue 13	02:42 / 4.39 m	08:30 / 0.78 m	14:47 / 4.61 m	21:00 / 0.22 m		7:00	10:00	19:00	23:00	08:38	15:56
Wed 14	03:29 / 4.31 m	09:13 / 0.86 m	15:32 / 4.56 m	21:45 / 0.34 m		7:43	10:43	19:45	23:45	08:37	15:58
Thu 15	04:14 / 4.15 m	09:56 / 1.00 m	16:17 / 4.42 m	22:31 / 0.56 m		8:26	11:26	21:01	0:00	08:36	16:00
Fri 16	05:00 / 3.93 m	10:39 / 1.19 m	17:03 / 4.19 m	23:18 / 0.84 m		9:09	12:09	21:48	0:00	08:34	16:01
Sat 17	05:47 / 3.69 m	11:26 / 1.41 m	17:52 / 3.92 m							08:33	16:03
Sun 18		00:08 / 1.16 m	06:38 / 3.47 m	12:19 / 1.62 m	18:47 / 3.64 m	0:00	1:38			08:32	16:05
Mon 19		01:06 / 1.45 m	07:36 / 3.31 m	13:28 / 1.79 m	19:52 / 3.40 m					08:30	16:08
Tue 20		02:16 / 1.66 m	08:41 / 3.24 m	14:52 / 1.83 m	21:09 / 3.27 m					08:29	16:10
Wed 21		03:32 / 1.75 m	09:50 / 3.28 m	16:11 / 1.72 m	22:25 / 3.27 m					08:27	16:12
Thu 22		04:36 / 1.71 m	10:51 / 3.41 m	17:11 / 1.53 m	23:28 / 3.37 m					08:26	16:14
Fri 23		05:27 / 1.60 m	11:41 / 3.58 m	17:58 / 1.31 m						08:24	16:16
Sat 24	00:16 / 3.52 m	06:09 / 1.45 m	12:23 / 3.77 m	18:37 / 1.11 m				17:07	20:07	08:22	16:18
Sun 25	00:55 / 3.67 m	06:46 / 1.30 m	13:00 / 3.93 m	19:12 / 0.94 m		5:46	7:46	17:42	20:42	08:21	16:20
Mon 26	01:30 / 3.80 m	07:20 / 1.17 m	13:34 / 4.07 m	19:44 / 0.81 m		5:50	8:50	18:14	21:14	08:19	16:23
Tue 27	02:02 / 3.89 m	07:52 / 1.07 m	14:06 / 4.16 m	20:16 / 0.72 m		6:22	9:22	18:46	21:46	08:17	16:25
Wed 28	02:34 / 3.94 m	08:23 / 1.01 m	14:37 / 4.21 m	20:48 / 0.69 m		6:53	9:53	19:18	22:18	08:15	16:27
Thu 29	03:05 / 3.94 m	08:54 / 0.99 m	15:09 / 4.22 m	21:20 / 0.70 m		7:24	10:24	19:50	22:50	08:13	16:30
Fri 30	03:37 / 3.90 m	09:25 / 1.03 m	15:41 / 4.18 m	21:53 / 0.76 m		7:55	10:55	20:23	23:23	08:11	16:32
Sat 31	04:11 / 3.81 m	09:59 / 1.10 m	16:16 / 4.08 m	22:30 / 0.88 m		8:29	11:29	21:00	0:00	08:09	16:34

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

February

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sun 01	04:49 / 3.70 m	10:37 / 1.22 m	16:57 / 3.94 m	23:11 / 1.05 m		9:37	11:37	21:41	0:00	08:07	16:36
Mon 02	05:33 / 3.56 m	11:22 / 1.37 m	17:46 / 3.75 m							08:05	16:38
Tue 03		00:02 / 1.26 m	06:28 / 3.42 m	12:21 / 1.52 m	18:51 / 3.56 m	0:00	1:02			08:03	16:41
Wed 04		01:07 / 1.47 m	07:38 / 3.33 m	13:41 / 1.61 m	20:14 / 3.44 m					08:01	16:43
Thu 05		02:33 / 1.58 m	08:59 / 3.37 m	15:16 / 1.52 m	21:44 / 3.49 m					07:59	16:45
Fri 06		04:00 / 1.50 m	10:17 / 3.56 m	16:37 / 1.22 m	23:02 / 3.70 m			15:37	17:37	07:57	16:48
Sat 07		05:09 / 1.31 m	11:22 / 3.84 m	17:39 / 0.85 m				16:09	19:09	07:55	16:50
Sun 08	00:05 / 3.96 m	06:03 / 1.07 m	12:16 / 4.15 m	18:31 / 0.51 m		4:33	7:33	17:01	20:01	07:52	16:52
Mon 09	00:57 / 4.19 m	06:50 / 0.86 m	13:04 / 4.41 m	19:17 / 0.25 m		5:20	8:20	17:17	21:17	07:50	16:55
Tue 10	01:43 / 4.33 m	07:33 / 0.72 m	13:48 / 4.59 m	20:00 / 0.12 m		6:03	9:03	18:00	22:00	07:48	16:57
Wed 11	02:25 / 4.37 m	08:13 / 0.65 m	14:29 / 4.66 m	20:41 / 0.13 m		6:43	9:43	18:41	22:41	07:46	16:59
Thu 12	03:06 / 4.31 m	08:52 / 0.67 m	15:10 / 4.61 m	21:21 / 0.26 m		7:22	10:22	19:21	23:21	07:43	17:02
Fri 13	03:44 / 4.16 m	09:30 / 0.78 m	15:50 / 4.44 m	22:00 / 0.51 m		8:00	11:00	20:30	23:30	07:41	17:04
Sat 14	04:23 / 3.95 m	10:08 / 0.96 m	16:30 / 4.17 m	22:39 / 0.83 m		8:38	11:38	21:09	0:00	07:39	17:06
Sun 15	05:01 / 3.71 m	10:48 / 1.19 m	17:12 / 3.85 m	23:19 / 1.18 m		9:18	12:18	21:49	0:00	07:36	17:09
Mon 16	05:43 / 3.47 m	11:33 / 1.44 m	18:00 / 3.51 m							07:34	17:11
Tue 17		00:05 / 1.52 m	06:32 / 3.26 m	12:30 / 1.68 m	19:02 / 3.20 m					07:31	17:13
Wed 18		01:07 / 1.81 m	07:38 / 3.11 m	13:56 / 1.83 m	20:27 / 3.03 m					07:29	17:15
Thu 19		02:40 / 1.96 m	09:00 / 3.09 m	15:39 / 1.78 m	21:59 / 3.04 m					07:26	17:18
Fri 20		04:09 / 1.89 m	10:18 / 3.21 m	16:49 / 1.57 m	23:09 / 3.21 m					07:24	17:20
Sat 21		05:08 / 1.71 m	11:16 / 3.42 m	17:37 / 1.33 m	23:56 / 3.42 m					07:22	17:22
Sun 22		05:51 / 1.49 m	12:00 / 3.65 m	18:15 / 1.08 m				16:45	19:45	07:19	17:25
Mon 23	00:33 / 3.63 m	06:26 / 1.26 m	12:37 / 3.88 m	18:49 / 0.87 m		5:26	7:26	17:19	20:19	07:16	17:27
Tue 24	01:06 / 3.82 m	06:58 / 1.07 m	13:10 / 4.07 m	19:20 / 0.69 m		5:28	8:28	17:50	20:50	07:14	17:29
Wed 25	01:37 / 3.95 m	07:29 / 0.91 m	13:41 / 4.22 m	19:51 / 0.56 m		5:59	8:59	18:21	21:21	07:11	17:31
Thu 26	02:07 / 4.04 m	07:59 / 0.81 m	14:12 / 4.31 m	20:22 / 0.50 m		6:29	9:29	18:22	22:22	07:09	17:34
Fri 27	02:38 / 4.06 m	08:30 / 0.76 m	14:43 / 4.33 m	20:54 / 0.50 m		7:00	10:00	18:54	22:54	07:06	17:36
Sat 28	03:09 / 4.03 m	09:02 / 0.77 m	15:17 / 4.28 m	21:27 / 0.58 m		7:32	10:32	19:57	22:57	07:04	17:38
0										00:00	00:00

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

March

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sun 01	03:42 / 3.94 m	09:36 / 0.84 m	15:53 / 4.16 m	22:04 / 0.75 m		8:06	11:06	20:34	23:34	07:01	17:40
Mon 02	04:19 / 3.80 m	10:15 / 0.97 m	16:34 / 3.96 m	22:45 / 0.99 m		8:45	11:45	21:15	0:00	06:58	17:43
Tue 03	05:02 / 3.63 m	11:00 / 1.16 m	17:26 / 3.70 m	23:34 / 1.28 m		9:30	12:30	22:34	0:00	06:56	17:45
Wed 04	05:57 / 3.43 m	11:59 / 1.36 m	18:36 / 3.45 m							06:53	17:47
Thu 05		00:41 / 1.56 m	07:10 / 3.29 m	13:23 / 1.50 m	20:08 / 3.31 m					06:50	17:49
Fri 06		02:16 / 1.72 m	08:40 / 3.30 m	15:07 / 1.41 m	21:44 / 3.40 m					06:48	17:51
Sat 07		03:52 / 1.62 m	10:03 / 3.49 m	16:29 / 1.11 m	22:59 / 3.64 m			14:59	17:59	06:45	17:54
Sun 08		05:00 / 1.37 m	11:08 / 3.80 m	17:29 / 0.75 m	23:56 / 3.91 m			15:59	18:59	06:42	17:56
Mon 09		05:51 / 1.10 m	12:01 / 4.11 m	18:18 / 0.44 m		4:21	7:21	16:18	20:18	06:40	17:58
Tue 10	00:43 / 4.12 m	06:34 / 0.85 m	12:47 / 4.37 m	19:00 / 0.24 m		5:04	8:04	17:00	21:00	06:37	18:00
Wed 11	01:24 / 4.25 m	07:14 / 0.68 m	13:28 / 4.53 m	19:40 / 0.15 m		5:44	8:44	17:40	21:40	06:34	18:02
Thu 12	02:02 / 4.29 m	07:51 / 0.58 m	14:07 / 4.57 m	20:17 / 0.20 m		6:21	9:21	18:17	22:17	06:32	18:05
Fri 13	02:38 / 4.24 m	08:27 / 0.58 m	14:45 / 4.49 m	20:53 / 0.35 m		6:57	9:57	18:53	22:53	06:29	18:07
Sat 14	03:12 / 4.12 m	09:03 / 0.66 m	15:22 / 4.30 m	21:28 / 0.60 m		7:33	10:33	19:58	22:58	06:26	18:09
Sun 15	03:45 / 3.95 m	09:39 / 0.82 m	15:59 / 4.02 m	22:02 / 0.90 m		8:09	11:09	20:32	23:32	06:23	18:11
Mon 16	04:19 / 3.74 m	10:16 / 1.04 m	16:38 / 3.70 m	22:37 / 1.23 m		8:46	11:46	21:37	23:37	06:21	18:14
Tue 17	04:56 / 3.52 m	10:57 / 1.29 m	17:23 / 3.38 m	23:17 / 1.55 m		9:57	11:57			06:18	18:16
Wed 18	05:40 / 3.29 m	11:48 / 1.55 m	18:23 / 3.09 m							06:15	18:18
Thu 19		00:10 / 1.84 m	06:42 / 3.10 m	13:03 / 1.75 m	19:47 / 2.93 m					06:13	18:20
Fri 20		01:40 / 2.03 m	08:07 / 3.02 m	14:52 / 1.76 m	21:21 / 2.96 m					06:10	18:22
Sat 21		03:30 / 1.98 m	09:33 / 3.11 m	16:12 / 1.58 m	22:33 / 3.14 m					06:07	18:24
Sun 22		04:36 / 1.76 m	10:37 / 3.31 m	17:03 / 1.33 m	23:21 / 3.37 m					06:04	18:26
Mon 23		05:20 / 1.51 m	11:23 / 3.57 m	17:42 / 1.07 m	23:59 / 3.60 m			16:12	19:12	06:02	18:28
Tue 24		05:55 / 1.25 m	12:02 / 3.82 m	18:17 / 0.83 m		4:55	6:55	16:47	19:47	05:59	18:31
Wed 25	00:33 / 3.81 m	06:28 / 1.02 m	12:37 / 4.04 m	18:49 / 0.63 m		4:58	7:58	17:19	20:19	05:56	18:33
Thu 26	01:04 / 3.97 m	07:00 / 0.83 m	13:10 / 4.21 m	19:21 / 0.48 m		5:30	8:30	17:21	21:21	05:53	18:35
Fri 27	01:36 / 4.08 m	07:31 / 0.69 m	13:44 / 4.32 m	19:54 / 0.41 m		6:01	9:01	17:54	21:54	05:51	18:37
Sat 28	02:08 / 4.13 m	08:05 / 0.61 m	14:19 / 4.35 m	20:28 / 0.43 m		6:35	9:35	18:28	22:28	05:48	18:39
Sun 29	03:42 / 4.11 m	09:40 / 0.60 m	15:56 / 4.28 m	22:04 / 0.55 m		8:10	11:10	20:34	23:34	06:45	19:41
Mon 30	04:18 / 4.03 m	10:18 / 0.66 m	16:37 / 4.13 m	22:43 / 0.75 m		8:48	11:48	21:13	0:00	06:42	19:43
Tue 31	04:57 / 3.88 m	11:00 / 0.80 m	17:24 / 3.89 m	23:27 / 1.03 m		9:30	12:30	21:57	0:00	06:40	19:46

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

April

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Wed 01	05:44 / 3.68 m	11:50 / 0.99 m	18:23 / 3.62 m			10:20	13:20			06:37	19:48
Thu 02		00:19 / 1.35 m	06:42 / 3.48 m	12:53 / 1.20 m	19:39 / 3.39 m			11:23	14:23	06:34	19:50
Fri 03		01:30 / 1.64 m	07:58 / 3.34 m	14:20 / 1.32 m	21:10 / 3.31 m					06:31	19:52
Sat 04		03:07 / 1.76 m	09:26 / 3.35 m	15:58 / 1.23 m	22:37 / 3.42 m			14:58	16:58	06:29	19:54
Sun 05		04:38 / 1.64 m	10:44 / 3.54 m	17:15 / 0.98 m	23:45 / 3.63 m			15:45	18:45	06:26	19:56
Mon 06		05:42 / 1.39 m	11:48 / 3.80 m	18:11 / 0.70 m				16:41	19:41	06:23	19:59
Tue 07	00:37 / 3.85 m	06:31 / 1.13 m	12:40 / 4.06 m	18:58 / 0.49 m		5:01	8:01	16:58	20:58	06:21	20:00
Wed 08	01:21 / 4.01 m	07:13 / 0.89 m	13:25 / 4.25 m	19:38 / 0.37 m		5:43	8:43	17:38	21:38	06:18	20:03
Thu 09	01:59 / 4.12 m	07:51 / 0.72 m	14:06 / 4.35 m	20:16 / 0.35 m		6:21	9:21	18:16	22:16	06:15	20:05
Fri 10	02:35 / 4.15 m	08:28 / 0.62 m	14:44 / 4.34 m	20:51 / 0.42 m		6:58	9:58	18:51	22:51	06:13	20:07
Sat 11	03:08 / 4.13 m	09:03 / 0.60 m	15:21 / 4.23 m	21:24 / 0.58 m		7:33	10:33	19:54	22:54	06:10	20:09
Sun 12	03:40 / 4.05 m	09:39 / 0.66 m	15:57 / 4.05 m	21:57 / 0.79 m		8:09	11:09	20:27	23:27	06:07	20:11
Mon 13	04:12 / 3.93 m	10:14 / 0.79 m	16:34 / 3.81 m	22:30 / 1.03 m		8:44	11:44	21:00	0:00	06:05	20:13
Tue 14	04:45 / 3.77 m	10:52 / 0.98 m	17:13 / 3.56 m	23:05 / 1.30 m		9:22	12:22	22:05	0:00	06:02	20:16
Wed 15	05:21 / 3.57 m	11:32 / 1.19 m	17:58 / 3.31 m	23:44 / 1.56 m		10:02	13:02			05:59	20:18
Thu 16	06:05 / 3.37 m	12:20 / 1.41 m	18:56 / 3.09 m							05:57	20:20
Fri 17		00:34 / 1.80 m	07:03 / 3.19 m	13:24 / 1.59 m	20:09 / 2.97 m					05:54	20:22
Sat 18		01:48 / 1.96 m	08:18 / 3.09 m	14:52 / 1.65 m	21:30 / 2.99 m					05:51	20:24
Sun 19		03:27 / 1.96 m	09:36 / 3.13 m	16:15 / 1.54 m	22:38 / 3.13 m					05:49	20:26
Mon 20		04:43 / 1.80 m	10:42 / 3.29 m	17:13 / 1.33 m	23:31 / 3.33 m					05:46	20:29
Tue 21		05:34 / 1.56 m	11:34 / 3.51 m	17:58 / 1.09 m				16:28	19:28	05:44	20:31
Wed 22	00:14 / 3.55 m	06:14 / 1.31 m	12:18 / 3.75 m	18:37 / 0.86 m				17:07	20:07	05:41	20:33
Thu 23	00:52 / 3.76 m	06:51 / 1.06 m	12:58 / 3.97 m	19:14 / 0.66 m		5:21	8:21	17:44	20:44	05:39	20:35
Fri 24	01:28 / 3.94 m	07:27 / 0.84 m	13:37 / 4.15 m	19:50 / 0.52 m		5:57	8:57	18:20	21:20	05:36	20:37
Sat 25	02:04 / 4.08 m	08:04 / 0.66 m	14:17 / 4.26 m	20:27 / 0.46 m		6:34	9:34	18:27	22:27	05:33	20:39
Sun 26	02:41 / 4.15 m	08:42 / 0.54 m	14:58 / 4.28 m	21:05 / 0.49 m		7:12	10:12	19:05	23:05	05:31	20:41
Mon 27	03:19 / 4.16 m	09:23 / 0.50 m	15:41 / 4.22 m	21:45 / 0.62 m		7:23	11:23	20:15	23:15	05:29	20:44
Tue 28	04:00 / 4.09 m	10:06 / 0.54 m	16:30 / 4.07 m	22:29 / 0.83 m		8:36	11:36	20:59	23:59	05:26	20:46
Wed 29	04:45 / 3.97 m	10:54 / 0.66 m	17:24 / 3.86 m	23:17 / 1.10 m		9:24	12:24	21:47	0:00	05:24	20:48
Thu 30	05:36 / 3.80 m	11:48 / 0.83 m	18:28 / 3.63 m			10:18	13:18			05:21	20:50

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

May

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Fri 01		00:13 / 1.39 m	06:37 / 3.63 m	12:54 / 1.00 m	19:41 / 3.46 m			11:24	14:24	05:19	20:52
Sat 02		01:24 / 1.62 m	07:49 / 3.52 m	14:14 / 1.10 m	21:01 / 3.41 m			12:44	15:44	05:17	20:54
Sun 03		02:49 / 1.70 m	09:05 / 3.52 m	15:39 / 1.07 m	22:15 / 3.47 m			14:09	17:09	05:14	20:56
Mon 04		04:11 / 1.61 m	10:18 / 3.62 m	16:50 / 0.93 m	23:18 / 3.59 m			15:20	18:20	05:12	20:58
Tue 05		05:14 / 1.42 m	11:20 / 3.78 m	17:46 / 0.79 m				16:16	19:16	05:10	21:00
Wed 06	00:10 / 3.74 m	06:05 / 1.21 m	12:14 / 3.93 m	18:32 / 0.69 m		5:05	7:05	17:02	20:02	05:08	21:03
Thu 07	00:54 / 3.86 m	06:49 / 1.01 m	13:01 / 4.03 m	19:13 / 0.65 m		5:19	8:19	17:43	20:43	05:05	21:05
Fri 08	01:32 / 3.94 m	07:29 / 0.86 m	13:44 / 4.06 m	19:50 / 0.67 m		5:59	8:59	18:20	21:20	05:03	21:07
Sat 09	02:07 / 4.00 m	08:06 / 0.76 m	14:23 / 4.03 m	20:24 / 0.74 m		6:36	9:36	18:54	21:54	05:01	21:09
Sun 10	02:41 / 4.01 m	08:43 / 0.72 m	15:01 / 3.94 m	20:58 / 0.85 m		7:13	10:13	19:28	22:28	04:59	21:11
Mon 11	03:14 / 3.98 m	09:20 / 0.75 m	15:38 / 3.81 m	21:31 / 1.00 m		7:50	10:50	20:01	23:01	04:57	21:13
Tue 12	03:47 / 3.91 m	09:56 / 0.83 m	16:16 / 3.66 m	22:06 / 1.16 m		8:26	11:26	20:36	23:36	04:55	21:15
Wed 13	04:21 / 3.80 m	10:34 / 0.96 m	16:56 / 3.50 m	22:42 / 1.34 m		9:04	12:04			04:53	21:17
Thu 14	04:59 / 3.66 m	11:14 / 1.11 m	17:41 / 3.34 m	23:22 / 1.52 m		9:44	12:44			04:51	21:19
Fri 15	05:43 / 3.51 m	11:59 / 1.27 m	18:32 / 3.21 m			10:59	12:59			04:49	21:21
Sat 16		00:09 / 1.68 m	06:34 / 3.37 m	12:52 / 1.40 m	19:31 / 3.12 m					04:47	21:23
Sun 17		01:06 / 1.81 m	07:33 / 3.28 m	13:56 / 1.48 m	20:34 / 3.11 m					04:45	21:25
Mon 18		02:17 / 1.86 m	08:38 / 3.27 m	15:07 / 1.45 m	21:37 / 3.18 m					04:43	21:27
Tue 19		03:32 / 1.79 m	09:41 / 3.35 m	16:12 / 1.34 m	22:34 / 3.32 m					04:41	21:29
Wed 20		04:34 / 1.63 m	10:38 / 3.50 m	17:06 / 1.16 m	23:24 / 3.50 m			15:36	18:36	04:39	21:31
Thu 21		05:26 / 1.41 m	11:31 / 3.69 m	17:54 / 0.97 m				16:24	19:24	04:37	21:33
Fri 22	00:09 / 3.69 m	06:13 / 1.16 m	12:20 / 3.88 m	18:38 / 0.80 m		4:43	7:43	17:08	20:08	04:36	21:34
Sat 23	00:53 / 3.88 m	06:57 / 0.92 m	13:08 / 4.05 m	19:21 / 0.67 m		5:27	8:27	17:51	20:51	04:34	21:36
Sun 24	01:35 / 4.05 m	07:41 / 0.70 m	13:55 / 4.16 m	20:03 / 0.61 m		6:11	9:11	18:33	21:33	04:32	21:38
Mon 25	02:18 / 4.16 m	08:25 / 0.53 m	14:44 / 4.21 m	20:47 / 0.63 m		6:55	9:55	19:17	22:17	04:31	21:40
Tue 26	03:02 / 4.21 m	09:11 / 0.44 m	15:34 / 4.18 m	21:32 / 0.72 m		7:11	11:11	20:02	23:02	04:29	21:41
Wed 27	03:48 / 4.20 m	09:58 / 0.43 m	16:27 / 4.09 m	22:19 / 0.89 m		7:58	11:58	20:49	23:49	04:28	21:43
Thu 28	04:37 / 4.13 m	10:49 / 0.50 m	17:23 / 3.94 m	23:09 / 1.10 m		8:49	12:49	21:39	0:00	04:26	21:44
Fri 29	05:30 / 4.02 m	11:44 / 0.63 m	18:24 / 3.77 m			10:14	13:14			04:25	21:46
Sat 30		00:04 / 1.32 m	06:28 / 3.89 m	12:46 / 0.79 m	19:28 / 3.61 m			11:16	14:16	04:24	21:48
Sun 31		01:07 / 1.50 m	07:31 / 3.77 m	13:55 / 0.94 m	20:35 / 3.51 m			12:25	15:25	04:23	21:50

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

June

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Mon 01		02:18 / 1.61 m	08:37 / 3.70 m	15:08 / 1.02 m	21:41 / 3.48 m			13:38	16:38	04:21	21:51
Tue 02		03:33 / 1.61 m	09:44 / 3.67 m	16:16 / 1.04 m	22:43 / 3.51 m			14:46	17:46	04:20	21:52
Wed 03		04:40 / 1.51 m	10:48 / 3.69 m	17:15 / 1.03 m	23:37 / 3.59 m			15:45	18:45	04:19	21:54
Thu 04		05:37 / 1.35 m	11:46 / 3.73 m	18:04 / 1.02 m				16:34	19:34	04:18	21:55
Fri 05	00:24 / 3.68 m	06:26 / 1.19 m	12:38 / 3.76 m	18:48 / 1.02 m		4:56	7:56	17:18	20:18	04:17	21:56
Sat 06	01:06 / 3.78 m	07:09 / 1.05 m	13:25 / 3.77 m	19:26 / 1.03 m		5:39	8:39	17:56	20:56	04:17	21:57
Sun 07	01:43 / 3.86 m	07:50 / 0.93 m	14:07 / 3.76 m	20:02 / 1.06 m		6:20	9:20	18:32	21:32	04:16	21:58
Mon 08	02:19 / 3.92 m	08:28 / 0.86 m	14:47 / 3.74 m	20:38 / 1.10 m		6:58	9:58	19:08	22:08	04:15	21:59
Tue 09	02:54 / 3.94 m	09:05 / 0.84 m	15:25 / 3.69 m	21:13 / 1.15 m		7:35	10:35	19:43	22:43	04:14	22:00
Wed 10	03:29 / 3.93 m	09:42 / 0.86 m	16:03 / 3.64 m	21:48 / 1.21 m		8:12	11:12	20:48	22:48	04:14	22:01
Thu 11	04:05 / 3.88 m	10:18 / 0.92 m	16:41 / 3.57 m	22:24 / 1.30 m		8:48	11:48	21:24	23:24	04:13	22:02
Fri 12	04:42 / 3.81 m	10:56 / 1.01 m	17:21 / 3.49 m	23:02 / 1.40 m		9:26	12:26			04:13	22:03
Sat 13	05:21 / 3.71 m	11:35 / 1.11 m	18:03 / 3.40 m	23:42 / 1.51 m		10:05	13:05			04:12	22:04
Sun 14	06:04 / 3.62 m	12:19 / 1.21 m	18:50 / 3.33 m			11:19	13:19			04:12	22:05
Mon 15		00:27 / 1.62 m	06:51 / 3.54 m	13:08 / 1.30 m	19:41 / 3.28 m			12:08	14:08	04:12	22:05
Tue 16		01:20 / 1.70 m	07:44 / 3.48 m	14:05 / 1.35 m	20:38 / 3.27 m					04:12	22:06
Wed 17		02:22 / 1.73 m	08:43 / 3.48 m	15:09 / 1.35 m	21:36 / 3.33 m					04:11	22:06
Thu 18		03:31 / 1.67 m	09:45 / 3.52 m	16:13 / 1.28 m	22:34 / 3.45 m			15:13	17:13	04:11	22:07
Fri 19		04:38 / 1.51 m	10:48 / 3.63 m	17:13 / 1.16 m	23:30 / 3.62 m			15:43	18:43	04:11	22:07
Sat 20		05:38 / 1.28 m	11:49 / 3.78 m	18:07 / 1.02 m		4:38	6:38	16:37	19:37	04:12	22:07
Sun 21	00:23 / 3.82 m	06:33 / 1.01 m	12:47 / 3.94 m	18:58 / 0.89 m		5:03	8:03	17:28	20:28	04:12	22:08
Mon 22	01:13 / 4.02 m	07:24 / 0.74 m	13:42 / 4.09 m	19:47 / 0.79 m		5:54	8:54	18:17	21:17	04:12	22:08
Tue 23	02:02 / 4.19 m	08:13 / 0.51 m	14:36 / 4.20 m	20:34 / 0.75 m		6:43	9:43	19:04	22:04	04:12	22:08
Wed 24	02:50 / 4.32 m	09:02 / 0.36 m	15:28 / 4.24 m	21:21 / 0.77 m		7:02	11:02	19:51	22:51	04:13	22:08
Thu 25	03:38 / 4.38 m	09:50 / 0.29 m	16:20 / 4.21 m	22:08 / 0.86 m		7:50	11:50	20:38	23:38	04:13	22:08
Fri 26	04:26 / 4.37 m	10:40 / 0.33 m	17:13 / 4.10 m	22:56 / 1.00 m		8:40	12:40	21:26	0:00	04:14	22:08
Sat 27	05:16 / 4.30 m	11:31 / 0.47 m	18:06 / 3.93 m	23:45 / 1.17 m		9:31	13:31	22:15	0:00	04:14	22:07
Sun 28	06:08 / 4.16 m	12:25 / 0.67 m	19:01 / 3.75 m			10:55	13:55			04:15	22:07
Mon 29		00:38 / 1.36 m	07:04 / 3.99 m	13:24 / 0.90 m	19:58 / 3.58 m			11:54	14:54	04:16	22:07
Tue 30		01:39 / 1.53 m	08:03 / 3.80 m	14:28 / 1.12 m	20:59 / 3.45 m			12:58	15:58	04:16	22:06

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

July

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Wed 01		02:48 / 1.63 m	09:07 / 3.64 m	15:36 / 1.28 m	22:01 / 3.41 m			14:36	16:36	04:17	22:06
Thu 02		04:01 / 1.63 m	10:15 / 3.53 m	16:41 / 1.37 m	23:01 / 3.44 m					04:18	22:05
Fri 03		05:10 / 1.53 m	11:22 / 3.50 m	17:38 / 1.40 m	23:55 / 3.53 m					04:19	22:04
Sat 04		06:06 / 1.38 m	12:22 / 3.52 m	18:26 / 1.39 m						04:20	22:04
Sun 05	00:43 / 3.65 m	06:55 / 1.22 m	13:13 / 3.57 m	19:08 / 1.34 m		5:55	7:55			04:21	22:03
Mon 06	01:24 / 3.78 m	07:37 / 1.07 m	13:57 / 3.64 m	19:47 / 1.28 m		6:07	9:07	18:47	20:47	04:22	22:02
Tue 07	02:03 / 3.89 m	08:15 / 0.96 m	14:35 / 3.70 m	20:23 / 1.23 m		6:45	9:45	19:23	21:23	04:24	22:01
Wed 08	02:39 / 3.98 m	08:51 / 0.88 m	15:11 / 3.74 m	20:57 / 1.19 m		7:21	10:21	19:27	22:27	04:25	22:00
Thu 09	03:13 / 4.03 m	09:25 / 0.85 m	15:45 / 3.76 m	21:31 / 1.17 m		7:55	10:55	20:01	23:01	04:26	21:59
Fri 10	03:47 / 4.04 m	09:59 / 0.85 m	16:19 / 3.74 m	22:04 / 1.19 m		8:29	11:29	20:34	23:34	04:27	21:58
Sat 11	04:21 / 4.02 m	10:33 / 0.89 m	16:53 / 3.70 m	22:38 / 1.24 m		9:03	12:03	21:38	23:38	04:29	21:57
Sun 12	04:55 / 3.96 m	11:07 / 0.96 m	17:29 / 3.63 m	23:13 / 1.33 m		9:37	12:37			04:30	21:56
Mon 13	05:31 / 3.88 m	11:44 / 1.06 m	18:08 / 3.54 m	23:50 / 1.43 m		10:14	13:14			04:32	21:55
Tue 14	06:11 / 3.79 m	12:26 / 1.17 m	18:52 / 3.45 m			10:56	13:56			04:33	21:53
Wed 15		00:34 / 1.54 m	06:58 / 3.68 m	13:14 / 1.29 m	19:43 / 3.38 m			12:14	14:14	04:35	21:52
Thu 16		01:28 / 1.63 m	07:54 / 3.58 m	14:14 / 1.40 m	20:44 / 3.36 m					04:36	21:50
Fri 17		02:38 / 1.68 m	09:02 / 3.52 m	15:26 / 1.46 m	21:51 / 3.41 m					04:38	21:49
Sat 18		03:58 / 1.60 m	10:17 / 3.56 m	16:40 / 1.41 m	22:59 / 3.56 m					04:40	21:47
Sun 19		05:14 / 1.38 m	11:31 / 3.69 m	17:47 / 1.27 m				16:47	18:47	04:41	21:46
Mon 20	00:01 / 3.78 m	06:17 / 1.07 m	12:37 / 3.90 m	18:44 / 1.10 m		4:47	7:47	17:14	20:14	04:43	21:44
Tue 21	00:58 / 4.04 m	07:12 / 0.74 m	13:35 / 4.11 m	19:35 / 0.93 m		5:42	8:42	18:05	21:05	04:45	21:42
Wed 22	01:49 / 4.29 m	08:03 / 0.45 m	14:28 / 4.28 m	20:22 / 0.81 m		6:03	10:03	18:52	21:52	04:47	21:40
Thu 23	02:37 / 4.49 m	08:51 / 0.26 m	15:17 / 4.37 m	21:07 / 0.75 m		6:51	10:51	19:37	22:37	04:49	21:39
Fri 24	03:24 / 4.60 m	09:37 / 0.19 m	16:04 / 4.36 m	21:51 / 0.77 m		7:37	11:37	20:21	23:21	04:51	21:37
Sat 25	04:09 / 4.62 m	10:23 / 0.24 m	16:50 / 4.25 m	22:34 / 0.87 m		8:23	12:23	21:04	0:00	04:52	21:35
Sun 26	04:55 / 4.53 m	11:08 / 0.42 m	17:37 / 4.06 m	23:18 / 1.04 m		9:08	13:08	21:48	0:00	04:54	21:33
Mon 27	05:42 / 4.34 m	11:55 / 0.68 m	18:24 / 3.84 m			10:25	13:25			04:56	21:31
Tue 28		00:05 / 1.25 m	06:31 / 4.08 m	12:45 / 1.01 m	19:14 / 3.61 m	0:00	1:05	11:15	14:15	04:58	21:29
Wed 29		00:57 / 1.47 m	07:26 / 3.79 m	13:41 / 1.33 m	20:10 / 3.43 m					05:00	21:27
Thu 30		02:00 / 1.67 m	08:29 / 3.52 m	14:47 / 1.60 m	21:14 / 3.32 m					05:02	21:25
Fri 31		03:21 / 1.76 m	09:44 / 3.35 m	16:04 / 1.75 m	22:23 / 3.32 m					05:04	21:23

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

August

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sat 01		04:45 / 1.70 m	11:03 / 3.31 m	17:15 / 1.75 m	23:28 / 3.42 m					05:06	21:21
Sun 02		05:51 / 1.54 m	12:10 / 3.39 m	18:10 / 1.67 m						05:08	21:19
Mon 03	00:23 / 3.58 m	06:42 / 1.34 m	13:02 / 3.52 m	18:54 / 1.53 m						05:10	21:17
Tue 04	01:07 / 3.76 m	07:22 / 1.15 m	13:43 / 3.66 m	19:32 / 1.38 m		5:52	8:52			05:12	21:14
Wed 05	01:45 / 3.93 m	07:58 / 0.99 m	14:17 / 3.79 m	20:06 / 1.24 m		6:28	9:28	19:06	21:06	05:14	21:12
Thu 06	02:20 / 4.07 m	08:31 / 0.87 m	14:49 / 3.89 m	20:38 / 1.14 m		7:01	10:01	19:08	22:08	05:16	21:10
Fri 07	02:52 / 4.17 m	09:03 / 0.80 m	15:20 / 3.95 m	21:09 / 1.07 m		7:33	10:33	19:39	22:39	05:18	21:08
Sat 08	03:23 / 4.23 m	09:34 / 0.77 m	15:50 / 3.96 m	21:39 / 1.05 m		8:04	11:04	20:09	23:09	05:20	21:05
Sun 09	03:54 / 4.23 m	10:05 / 0.79 m	16:21 / 3.93 m	22:10 / 1.08 m		8:35	11:35	20:40	23:40	05:22	21:03
Mon 10	04:25 / 4.19 m	10:37 / 0.85 m	16:53 / 3.85 m	22:42 / 1.15 m		9:07	12:07	21:12	0:00	05:24	21:01
Tue 11	04:58 / 4.10 m	11:11 / 0.97 m	17:28 / 3.75 m	23:18 / 1.26 m		9:41	12:41	22:18	0:00	05:26	20:58
Wed 12	05:36 / 3.97 m	11:49 / 1.13 m	18:08 / 3.62 m	23:59 / 1.40 m		10:19	13:19			05:28	20:56
Thu 13	06:21 / 3.80 m	12:34 / 1.33 m	18:58 / 3.49 m							05:30	20:53
Fri 14		00:51 / 1.55 m	07:19 / 3.61 m	13:32 / 1.54 m	20:01 / 3.39 m					05:32	20:51
Sat 15		02:01 / 1.67 m	08:36 / 3.48 m	14:51 / 1.68 m	21:19 / 3.39 m					05:34	20:49
Sun 16		03:34 / 1.64 m	10:05 / 3.50 m	16:21 / 1.66 m	22:39 / 3.54 m					05:36	20:46
Mon 17		05:01 / 1.40 m	11:26 / 3.68 m	17:36 / 1.48 m	23:48 / 3.81 m					05:38	20:44
Tue 18		06:08 / 1.05 m	12:32 / 3.94 m	18:34 / 1.24 m		4:38	7:38	17:34	19:34	05:40	20:41
Wed 19	00:45 / 4.12 m	07:02 / 0.69 m	13:27 / 4.20 m	19:23 / 1.00 m		5:32	8:32	17:53	20:53	05:43	20:39
Thu 20	01:35 / 4.42 m	07:50 / 0.40 m	14:14 / 4.39 m	20:07 / 0.81 m		5:50	9:50	18:37	21:37	05:45	20:36
Fri 21	02:21 / 4.65 m	08:34 / 0.22 m	14:59 / 4.48 m	20:48 / 0.70 m		6:34	10:34	19:18	22:18	05:47	20:33
Sat 22	03:04 / 4.77 m	09:17 / 0.18 m	15:41 / 4.46 m	21:29 / 0.69 m		7:17	11:17	19:59	22:59	05:49	20:31
Sun 23	03:46 / 4.76 m	09:58 / 0.28 m	16:21 / 4.34 m	22:08 / 0.78 m		7:58	11:58	20:38	23:38	05:51	20:28
Mon 24	04:29 / 4.62 m	10:39 / 0.50 m	17:02 / 4.15 m	22:49 / 0.94 m		8:39	12:39	21:19	0:00	05:53	20:26
Tue 25	05:11 / 4.37 m	11:20 / 0.82 m	17:43 / 3.91 m	23:31 / 1.17 m		9:50	12:50	22:01	0:00	05:55	20:23
Wed 26	05:57 / 4.05 m	12:03 / 1.20 m	18:27 / 3.66 m			10:33	13:33			05:57	20:20
Thu 27		00:17 / 1.43 m	06:48 / 3.69 m	12:51 / 1.57 m	19:18 / 3.44 m					05:59	20:18
Fri 28		01:16 / 1.69 m	07:52 / 3.38 m	13:53 / 1.88 m	20:23 / 3.28 m					06:01	20:15
Sat 29		02:40 / 1.85 m	09:16 / 3.20 m	15:23 / 2.05 m	21:43 / 3.25 m					06:04	20:12
Sun 30		04:20 / 1.82 m	10:45 / 3.21 m	16:52 / 2.01 m	22:59 / 3.36 m					06:06	20:10
Mon 31		05:32 / 1.63 m	11:54 / 3.36 m	17:52 / 1.84 m	23:58 / 3.55 m					06:08	20:07

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

September

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Tue 01		06:21 / 1.41 m	12:41 / 3.55 m	18:35 / 1.63 m						06:10	20:04
Wed 02	00:42 / 3.78 m	06:59 / 1.19 m	13:17 / 3.74 m	19:10 / 1.41 m		5:29	8:29			06:12	20:02
Thu 03	01:19 / 3.99 m	07:33 / 1.00 m	13:50 / 3.91 m	19:42 / 1.22 m		6:03	9:03	18:42	20:42	06:14	19:59
Fri 04	01:53 / 4.17 m	08:04 / 0.85 m	14:20 / 4.04 m	20:12 / 1.07 m		6:34	9:34	18:42	21:42	06:16	19:56
Sat 05	02:24 / 4.30 m	08:34 / 0.75 m	14:49 / 4.12 m	20:42 / 0.98 m		7:04	10:04	19:12	22:12	06:18	19:54
Sun 06	02:54 / 4.37 m	09:04 / 0.70 m	15:18 / 4.15 m	21:12 / 0.94 m		7:34	10:34	19:42	22:42	06:20	19:51
Mon 07	03:25 / 4.39 m	09:34 / 0.72 m	15:48 / 4.12 m	21:42 / 0.95 m		8:04	11:04	20:12	23:12	06:22	19:48
Tue 08	03:56 / 4.34 m	10:06 / 0.80 m	16:20 / 4.04 m	22:15 / 1.02 m		8:36	11:36	20:45	23:45	06:24	19:45
Wed 09	04:30 / 4.22 m	10:40 / 0.95 m	16:54 / 3.92 m	22:51 / 1.13 m		9:10	12:10	21:21	0:00	06:26	19:43
Thu 10	05:09 / 4.04 m	11:19 / 1.17 m	17:34 / 3.76 m	23:34 / 1.30 m		9:49	12:49	22:34	0:00	06:28	19:40
Fri 11	05:58 / 3.82 m	12:04 / 1.43 m	18:25 / 3.58 m							06:30	19:37
Sat 12		00:28 / 1.49 m	07:03 / 3.58 m	13:05 / 1.71 m	19:34 / 3.44 m					06:32	19:34
Sun 13		01:44 / 1.63 m	08:31 / 3.45 m	14:33 / 1.88 m	21:01 / 3.42 m					06:34	19:32
Mon 14		03:25 / 1.60 m	10:05 / 3.51 m	16:13 / 1.83 m	22:25 / 3.59 m					06:36	19:29
Tue 15		04:53 / 1.34 m	11:23 / 3.74 m	17:27 / 1.59 m	23:34 / 3.89 m					06:38	19:26
Wed 16		05:57 / 0.98 m	12:23 / 4.02 m	18:21 / 1.30 m		4:27	7:27	17:21	19:21	06:41	19:24
Thu 17	00:29 / 4.22 m	06:48 / 0.65 m	13:11 / 4.27 m	19:06 / 1.03 m		5:18	8:18	17:36	20:36	06:43	19:21
Fri 18	01:17 / 4.51 m	07:32 / 0.41 m	13:55 / 4.43 m	19:47 / 0.82 m		5:32	9:32	18:17	21:17	06:45	19:18
Sat 19	02:00 / 4.70 m	08:14 / 0.29 m	14:35 / 4.50 m	20:26 / 0.70 m		6:14	10:14	18:56	21:56	06:47	19:15
Sun 20	02:42 / 4.78 m	08:53 / 0.30 m	15:13 / 4.48 m	21:05 / 0.68 m		6:53	10:53	19:35	22:35	06:49	19:12
Mon 21	03:22 / 4.71 m	09:31 / 0.45 m	15:50 / 4.37 m	21:42 / 0.75 m		7:31	11:31	20:12	23:12	06:51	19:10
Tue 22	04:02 / 4.53 m	10:08 / 0.70 m	16:26 / 4.19 m	22:20 / 0.91 m		8:38	11:38	20:50	23:50	06:53	19:07
Wed 23	04:42 / 4.25 m	10:45 / 1.02 m	17:02 / 3.97 m	23:01 / 1.13 m		9:15	12:15	21:31	0:00	06:55	19:04
Thu 24	05:25 / 3.92 m	11:23 / 1.38 m	17:42 / 3.74 m	23:45 / 1.40 m						06:57	19:01
Fri 25	06:15 / 3.58 m	12:05 / 1.73 m	18:29 / 3.50 m							06:59	18:59
Sat 26		00:38 / 1.66 m	07:19 / 3.29 m	13:01 / 2.03 m	19:33 / 3.32 m					07:01	18:56
Sun 27		01:57 / 1.85 m	08:44 / 3.14 m	14:32 / 2.21 m	20:57 / 3.24 m					07:03	18:53
Mon 28		03:41 / 1.86 m	10:13 / 3.19 m	16:17 / 2.15 m	22:18 / 3.33 m					07:05	18:50
Tue 29		04:58 / 1.69 m	11:20 / 3.36 m	17:21 / 1.94 m	23:20 / 3.53 m					07:07	18:48
Wed 30		05:48 / 1.47 m	12:06 / 3.57 m	18:04 / 1.70 m						07:09	18:45

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

October

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Thu 01	00:07 / 3.76 m	06:26 / 1.24 m	12:42 / 3.79 m	18:39 / 1.45 m		5:26	7:26			07:12	18:42
Fri 02	00:44 / 3.99 m	07:00 / 1.04 m	13:15 / 3.97 m	19:11 / 1.24 m		5:30	8:30	18:11	20:11	07:14	18:39
Sat 03	01:19 / 4.19 m	07:32 / 0.87 m	13:46 / 4.12 m	19:42 / 1.06 m		6:02	9:02	18:12	21:12	07:16	18:37
Sun 04	01:51 / 4.33 m	08:03 / 0.75 m	14:16 / 4.22 m	20:13 / 0.94 m		6:33	9:33	18:43	21:43	07:18	18:34
Mon 05	02:23 / 4.42 m	08:34 / 0.70 m	14:47 / 4.27 m	20:45 / 0.86 m		7:04	10:04	19:15	22:15	07:20	18:31
Tue 06	02:57 / 4.44 m	09:06 / 0.72 m	15:18 / 4.25 m	21:18 / 0.85 m		7:36	10:36	19:48	22:48	07:22	18:29
Wed 07	03:32 / 4.38 m	09:40 / 0.82 m	15:52 / 4.18 m	21:54 / 0.90 m		8:10	11:10	20:24	23:24	07:24	18:26
Thu 08	04:11 / 4.24 m	10:17 / 1.00 m	16:29 / 4.05 m	22:35 / 1.02 m		8:47	11:47	21:05	0:00	07:26	18:23
Fri 09	04:55 / 4.04 m	10:58 / 1.25 m	17:13 / 3.88 m	23:22 / 1.19 m		9:58	11:58	21:52	0:00	07:29	18:20
Sat 10	05:51 / 3.80 m	11:48 / 1.54 m	18:08 / 3.69 m							07:31	18:18
Sun 11		00:20 / 1.38 m	07:04 / 3.58 m	12:53 / 1.81 m	19:21 / 3.55 m					07:33	18:15
Mon 12		01:40 / 1.51 m	08:33 / 3.49 m	14:23 / 1.96 m	20:47 / 3.54 m					07:35	18:13
Tue 13		03:17 / 1.46 m	09:59 / 3.59 m	15:59 / 1.88 m	22:08 / 3.70 m					07:37	18:10
Wed 14		04:39 / 1.23 m	11:10 / 3.80 m	17:09 / 1.63 m	23:14 / 3.97 m	3:39	5:39			07:39	18:07
Thu 15		05:39 / 0.94 m	12:05 / 4.03 m	18:01 / 1.35 m		4:09	7:09			07:41	18:05
Fri 16	00:08 / 4.24 m	06:28 / 0.70 m	12:51 / 4.23 m	18:46 / 1.10 m		4:58	7:58	17:16	20:16	07:44	18:02
Sat 17	00:56 / 4.46 m	07:11 / 0.54 m	13:32 / 4.36 m	19:26 / 0.90 m		5:41	8:41	17:56	20:56	07:46	18:00
Sun 18	01:39 / 4.58 m	07:51 / 0.50 m	14:10 / 4.42 m	20:05 / 0.77 m		5:51	9:51	18:35	21:35	07:48	17:57
Mon 19	02:21 / 4.60 m	08:28 / 0.56 m	14:46 / 4.41 m	20:43 / 0.74 m		6:58	9:58	19:13	22:13	07:50	17:54
Tue 20	03:00 / 4.50 m	09:04 / 0.71 m	15:20 / 4.33 m	21:20 / 0.79 m		7:34	10:34	19:50	22:50	07:52	17:52
Wed 21	03:39 / 4.31 m	09:39 / 0.94 m	15:54 / 4.20 m	21:58 / 0.92 m		8:09	11:09	20:28	23:28	07:54	17:49
Thu 22	04:19 / 4.06 m	10:14 / 1.21 m	16:29 / 4.02 m	22:37 / 1.11 m		9:14	11:14	21:07	0:00	07:57	17:47
Fri 23	05:01 / 3.79 m	10:50 / 1.49 m	17:07 / 3.82 m	23:20 / 1.33 m						07:59	17:44
Sat 24	05:49 / 3.52 m	11:31 / 1.77 m	17:53 / 3.61 m							08:01	17:42
Sun 25		00:10 / 1.56 m	05:49 / 3.30 m	11:22 / 2.02 m	17:51 / 3.43 m					07:03	16:40
Mon 26		00:15 / 1.75 m	07:03 / 3.18 m	12:36 / 2.18 m	19:06 / 3.33 m					07:05	16:37
Tue 27		01:41 / 1.81 m	08:20 / 3.20 m	14:13 / 2.18 m	20:22 / 3.36 m					07:08	16:35
Wed 28		03:02 / 1.72 m	09:26 / 3.34 m	15:28 / 2.02 m	21:27 / 3.50 m					07:10	16:32
Thu 29		04:00 / 1.54 m	10:17 / 3.53 m	16:19 / 1.79 m	22:19 / 3.69 m					07:12	16:30
Fri 30		04:43 / 1.33 m	10:59 / 3.73 m	17:00 / 1.56 m	23:02 / 3.90 m					07:14	16:28
Sat 31		05:21 / 1.12 m	11:35 / 3.92 m	17:36 / 1.33 m	23:41 / 4.10 m	3:51	6:51			07:17	16:25

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

November

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Sun 01		05:56 / 0.95 m	12:10 / 4.09 m	18:11 / 1.12 m		4:26	7:26	16:41	19:41	07:19	16:23
Mon 02	00:18 / 4.26 m	06:31 / 0.82 m	12:44 / 4.22 m	18:46 / 0.95 m		5:01	8:01	17:16	20:16	07:21	16:21
Tue 03	00:56 / 4.36 m	07:06 / 0.76 m	13:19 / 4.30 m	19:22 / 0.82 m		5:36	8:36	17:52	20:52	07:23	16:18
Wed 04	01:35 / 4.39 m	07:43 / 0.78 m	13:55 / 4.32 m	20:00 / 0.76 m		6:13	9:13	18:30	21:30	07:26	16:16
Thu 05	02:16 / 4.35 m	08:21 / 0.87 m	14:33 / 4.28 m	20:42 / 0.77 m		6:51	9:51	19:12	22:12	07:28	16:14
Fri 06	03:02 / 4.23 m	09:02 / 1.04 m	15:16 / 4.17 m	21:27 / 0.86 m		7:32	10:32	19:57	22:57	07:30	16:12
Sat 07	03:53 / 4.05 m	09:47 / 1.27 m	16:04 / 4.03 m	22:18 / 1.00 m		8:47	10:47	20:48	23:48	07:32	16:10
Sun 08	04:53 / 3.84 m	10:40 / 1.53 m	17:02 / 3.87 m	23:18 / 1.16 m				21:48	0:00	07:35	16:08
Mon 09	06:04 / 3.67 m	11:44 / 1.76 m	18:11 / 3.75 m							07:37	16:06
Tue 10		00:33 / 1.28 m	07:22 / 3.59 m	13:04 / 1.89 m	19:27 / 3.72 m	0:00	1:33			07:39	16:04
Wed 11		01:57 / 1.28 m	08:38 / 3.64 m	14:30 / 1.84 m	20:42 / 3.80 m	0:57	2:57			07:41	16:02
Thu 12		03:14 / 1.17 m	09:44 / 3.76 m	15:41 / 1.66 m	21:48 / 3.96 m	1:44	4:44			07:44	16:00
Fri 13		04:15 / 1.01 m	10:40 / 3.92 m	16:37 / 1.43 m	22:45 / 4.12 m	2:45	5:45			07:46	15:58
Sat 14		05:06 / 0.88 m	11:27 / 4.06 m	17:24 / 1.21 m	23:35 / 4.24 m	3:36	6:36	16:24	18:24	07:48	15:56
Sun 15		05:49 / 0.81 m	12:09 / 4.17 m	18:07 / 1.03 m		4:19	7:19	16:37	19:37	07:50	15:54
Mon 16	00:21 / 4.30 m	06:29 / 0.81 m	12:47 / 4.24 m	18:47 / 0.90 m		4:59	7:59	17:17	20:17	07:52	15:52
Tue 17	01:04 / 4.28 m	07:06 / 0.88 m	13:23 / 4.27 m	19:26 / 0.84 m		5:36	8:36	17:56	20:56	07:54	15:51
Wed 18	01:44 / 4.20 m	07:41 / 0.99 m	13:57 / 4.24 m	20:04 / 0.85 m		6:11	9:11	18:34	21:34	07:57	15:49
Thu 19	02:24 / 4.06 m	08:16 / 1.14 m	14:31 / 4.17 m	20:42 / 0.92 m		6:46	9:46	19:12	22:12	07:59	15:47
Fri 20	03:03 / 3.90 m	08:51 / 1.31 m	15:07 / 4.06 m	21:20 / 1.05 m				19:50	22:50	08:01	15:46
Sat 21	03:44 / 3.73 m	09:28 / 1.49 m	15:45 / 3.92 m	22:00 / 1.21 m				21:00	23:00	08:03	15:44
Sun 22	04:28 / 3.56 m	10:07 / 1.67 m	16:27 / 3.76 m	22:45 / 1.38 m						08:05	15:43
Mon 23	05:17 / 3.41 m	10:52 / 1.84 m	17:17 / 3.61 m	23:36 / 1.54 m						08:07	15:41
Tue 24	06:14 / 3.30 m	11:47 / 1.98 m	18:14 / 3.49 m							08:09	15:40
Wed 25		00:37 / 1.65 m	07:16 / 3.27 m	12:55 / 2.05 m	19:18 / 3.44 m					08:11	15:38
Thu 26		01:47 / 1.66 m	08:19 / 3.31 m	14:10 / 2.02 m	20:22 / 3.48 m					08:13	15:37
Fri 27		02:54 / 1.58 m	09:17 / 3.42 m	15:17 / 1.89 m	21:20 / 3.59 m					08:15	15:36
Sat 28		03:50 / 1.44 m	10:08 / 3.58 m	16:11 / 1.69 m	22:14 / 3.75 m					08:17	15:35
Sun 29		04:38 / 1.27 m	10:53 / 3.77 m	16:58 / 1.45 m	23:02 / 3.92 m	3:38	5:38			08:18	15:34
Mon 30		05:21 / 1.10 m	11:35 / 3.95 m	17:41 / 1.20 m	23:49 / 4.08 m	3:51	6:51	16:11	19:11	08:20	15:33

All times are 'local' times - adjusted for GMT / BST as appropriate. RMW

Aberdeen 2009

December

Date	High	Low	High	Low	High	Unrowable Start	Unrowable End	Unrowable Start	Unrowable End	Sunrise	Sunset
Tue 01		06:03 / 0.96 m	12:16 / 4.12 m	18:23 / 0.97 m		4:33	7:33	16:53	19:53	08:22	15:32
Wed 02	00:35 / 4.22 m	06:44 / 0.88 m	12:57 / 4.26 m	19:05 / 0.78 m		5:14	8:14	17:35	20:35	08:24	15:30
Thu 03	01:22 / 4.30 m	07:26 / 0.85 m	13:39 / 4.34 m	19:49 / 0.65 m		5:56	8:56	18:19	21:19	08:25	15:30
Fri 04	02:10 / 4.31 m	08:08 / 0.89 m	14:23 / 4.37 m	20:34 / 0.59 m		6:38	9:38	19:04	22:04	08:27	15:29
Sat 05	02:59 / 4.25 m	08:53 / 1.00 m	15:09 / 4.34 m	21:22 / 0.61 m		7:23	10:23	19:52	22:52	08:29	15:28
Sun 06	03:52 / 4.14 m	09:40 / 1.16 m	15:58 / 4.25 m	22:13 / 0.71 m		8:10	11:10	20:43	23:43	08:30	15:27
Mon 07	04:49 / 3.98 m	10:31 / 1.36 m	16:53 / 4.13 m	23:10 / 0.87 m				21:40	0:00	08:32	15:27
Tue 08	05:50 / 3.81 m	11:28 / 1.55 m	17:53 / 3.99 m							08:33	15:26
Wed 09		00:14 / 1.03 m	06:55 / 3.68 m	12:34 / 1.70 m	18:59 / 3.88 m	0:00	1:44			08:34	15:26
Thu 10		01:26 / 1.15 m	08:03 / 3.61 m	13:50 / 1.76 m	20:08 / 3.82 m	0:00	2:56			08:36	15:25
Fri 11		02:40 / 1.21 m	09:09 / 3.62 m	15:05 / 1.70 m	21:17 / 3.82 m	1:40	3:40			08:37	15:25
Sat 12		03:46 / 1.20 m	10:10 / 3.70 m	16:10 / 1.54 m	22:21 / 3.85 m	2:16	5:16			08:38	15:25
Sun 13		04:42 / 1.18 m	11:02 / 3.81 m	17:05 / 1.35 m	23:19 / 3.90 m	3:12	6:12			08:39	15:25
Mon 14		05:29 / 1.16 m	11:48 / 3.92 m	17:53 / 1.17 m		3:59	6:59	16:23	19:23	08:40	15:25
Tue 15	00:10 / 3.94 m	06:11 / 1.15 m	12:29 / 4.02 m	18:35 / 1.02 m		4:41	7:41	17:05	20:05	08:41	15:25
Wed 16	00:55 / 3.95 m	06:49 / 1.16 m	13:06 / 4.10 m	19:15 / 0.92 m		5:19	8:19	17:45	20:45	08:42	15:25
Thu 17	01:36 / 3.93 m	07:26 / 1.19 m	13:42 / 4.15 m	19:53 / 0.87 m		5:56	8:56	18:23	21:23	08:43	15:25
Fri 18	02:14 / 3.90 m	08:01 / 1.22 m	14:17 / 4.15 m	20:29 / 0.88 m		7:01	9:01	18:59	21:59	08:44	15:25
Sat 19	02:51 / 3.84 m	08:36 / 1.27 m	14:52 / 4.11 m	21:05 / 0.93 m		7:36	9:36	19:35	22:35	08:45	15:25
Sun 20	03:27 / 3.77 m	09:11 / 1.34 m	15:28 / 4.04 m	21:42 / 1.03 m				20:12	23:12	08:45	15:26
Mon 21	04:05 / 3.67 m	09:46 / 1.44 m	16:05 / 3.93 m	22:19 / 1.14 m				20:49	23:49	08:46	15:26
Tue 22	04:44 / 3.57 m	10:24 / 1.55 m	16:44 / 3.81 m	22:59 / 1.27 m				21:59	23:59	08:46	15:27
Wed 23	05:27 / 3.47 m	11:05 / 1.68 m	17:28 / 3.69 m	23:44 / 1.40 m						08:47	15:27
Thu 24	06:15 / 3.38 m	11:52 / 1.79 m	18:17 / 3.58 m							08:47	15:28
Fri 25		00:36 / 1.50 m	07:09 / 3.32 m	12:50 / 1.88 m	19:14 / 3.51 m					08:47	15:29
Sat 26		01:39 / 1.56 m	08:09 / 3.32 m	14:01 / 1.88 m	20:19 / 3.49 m					08:47	15:30
Sun 27		02:47 / 1.54 m	09:11 / 3.41 m	15:14 / 1.77 m	21:25 / 3.56 m					08:48	15:30
Mon 28		03:52 / 1.44 m	10:10 / 3.56 m	16:20 / 1.55 m	22:29 / 3.70 m					08:48	15:31
Tue 29		04:49 / 1.30 m	11:04 / 3.76 m	17:16 / 1.27 m	23:28 / 3.88 m	3:49	5:49	16:16	18:16	08:48	15:32
Wed 30		05:40 / 1.13 m	11:54 / 3.99 m	18:06 / 0.97 m		4:10	7:10	16:36	19:36	08:47	15:33
Thu 31	00:23 / 4.07 m	06:28 / 0.98 m	12:42 / 4.20 m	18:54 / 0.69 m		4:58	7:58	17:24	20:24	08:47	15:35

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