NK Interval watchware – interfacing watches with computer - Instructions

Click on the Interval watchware program icon



Click top left icon



ſ	🗉 Upload Watch Data
	INSTRUCTIONS
	* Tum on the watch * Make sure the watch is NOT in recall mode * Plug the cradle's cable into the comm port specified below * (or change the comm port listed below accordingly) * Set the watch onto the cradle making sure it is in the correct position * (note: the ON/OFF button should be facing the cradle's cable) * Click the 'import' button below * You may cancel the process at any time
	Communications Port: 3
	[mport] Cancel

Make sure watch is plugged in to a USB port; watch is switched on (centre-top button if nothing showing on watch display). Place watch on cradle with buttons at cable end.

Communication port should work on 4 but may need changed to 3

Then click on <Import>

Status should quickly change to "Connecting to watch"

followed by (slowly!) "**Receiving data from watch**" (this stage takes a while so just be patient. Old-school serial data transfer can take up to a minute)

You should then get the screen below.

Click on "Unassigned" under Category ;

then click on the small black downward-facing triangle that appears at Rt end of this box to reveal category choices. Choose an appropriate one (eg D1 START) Then click **<Save**>



Move the black triangle to the segment you want (1);

Then click **<Export>** (2)

Change the name of the text file to match the 'Category' - eg 'Sat Div 2 start' and save in a folder that you can move to in next step.

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Importing into Excel

Open a new blank Excel workbook.

Choose < Open> and load the text file that you have just saved (instructions below)



Hit <Next> twice then <Finish> and you should have an Excel file open similar to below

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Pasting time data into HOR spreadsheet.

Open HOR spreadsheet and paste the above data into the appropriate (yellow) column

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Adding watch start time

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Finally

- Perform a similar process for the finish time data and you should have a complete spreadsheet.
- You can now hide columns F and G (select them; right click; choose Hide)
- Add any time penalties as seconds (eg 15) or Masters handicaps as negative figures (eg -43)
- Then select appropriate columns and sort on Net time.
- Mark winners. Print results. Treat yourself to a pint!

Produced by Ron Wallace 7/3/19